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# MYRA'S Journal

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The Leader of Fashion

Vol. XXXV.
No. 3.

MARCH, 1908

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## MARCH, 1908.

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# NEWS FROM FASHION CENTRES.

FROM

# VIENNA, PARIS, &c.

MOST smart are the "tailor-mades" with long "Gibson" eel skirt—almost like a riding habit—and fitted round-basque coat. Extreme simplicity characterises the general cut, but that cut is so perfect that the whole gown fits neatly (but easily) like a well chosen glove. Some of these really beautiful specimens of the tailor's art are entirely untrimmed; some have the coat edged with a neat, inch silk braid; some are exquisitely embroidered with fine silk braid, or fine and broad braid in combination.

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In spite of this slender type, the sacque coat is with us once more. The short little sacques are most smart, but the novelty lies chiefly in the three-quarter or longer wraps. In these are introduced the new "swing-back," a richly fluted back plain at the neck; that is: the deep flutes commence from nothing beneath the collar. Kimona wraps are also being cut with this "swing" back, which is a point to note in spring wraps.

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The Empire-Princess dress will have an enormous vogue this summer. The effect is of a corselet skirt and kimona blouse, the corselet part being sometimes fitted, sometimes only just moulding the figure All such models are mounted on a fitted and boned lining to the hip. There is great variety, and the style is used for afternoon, home, or visiting purposes, as well as for evening gowns.

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The embroideries are very beautiful this year. Metallic effects are sought after, like bronze on biscuit, silver on white or red, gold on pink or cream. The taste for metal is reflected in the braids. Some lovely white cloth gowns and wraps are worked up with white-and-gold braid.

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The prevalence of the waistcoat, long or short, is most marked in the new coats. In some coats the waistcoat is an intrinsic part; but in many the coat itself, at least in one place, buttons across the waistcoat, which can then be omitted, to the taste of the wearer. Some of these waistcoats are beautifully embroidered.

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There is a considerable choice of collars for coats. The Bonaparte collar—sticking up high and then turned over—is prevalent, and there is a marked taste for the high stick-up collar cut in one with the coat pieces. This last is very smart indeed, especially on little braided coats or long fitted coats reaching below the knees.

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Tailors are rather giving way to a taste for cutting in one those pieces of a coat which are usually seamed together. In some coats such contrived pieces are fitted together with beautiful accuracy. Till now the result has been a regular kimona, with wide Japanese sleeve, which has been let loose, Japanese fashion, or gathered into a cuff. Now, we have the coat sleeve cut in this style—that is, the two parts of the sleeve cut with the sides of fronts and backs. Till closely examined, the effect is much of an ordinary tailor-coat, till we note that there is no armhole seam whatever.

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Striped fabrics continue in favour, and tartan skirts are much worn. Tartan is not used for coats, plain cloth being preferred to go with a tartan skirt. But for stripes, lovely coats have been evolved. Tailors are showing the same skill in fitting together the various pieces of a striped coat as they display in fitting the puzzle of kimona tailor sleeves. There is a taste this spring to have a striped coat-and-skirt cut partly on the cross, partly on the straight, and there is a tendency to cut a good bit of the skirt with the stripes coming *horizontal*, besides being diagonal or straight. An example of the partially horizontal effect can be studied at No. 7474. The fitting together of stripes on coats are admirably illustrated in the smart models, Nos. 7474 and 7433. A skirt cut with stripes completely horizontal (the slight inescapable "dip" being hidden in the pleats) is shown at No. 7434. These models are all first class examples of the art of cutting striped fabrics.

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Princess dresses and dinner coats in rich striped silks or velvets are also beautifully cut. The stripes selected are rather broad. Striped indoor or evening skirts of silk, or silk-and-velvet, with striped kimona bodices, are very elegant when properly carried out.

We are becoming more sensible in dress. For the first time for very many years Court dress has been permitted (for the afternoon) with *high-necked* bodices. Everyone who was present at the opening of Parliament by the King was struck by the change. Certainly it must be confessed that the effect was less good. The tiara and the court mantle *do* seem to call for the décolleté bodice. Of course there is no need for the high dress at King Edward's Courts at Buckingham Palace, they being held in the evening. But at Queen Victoria's Drawing-Rooms, held for very many years in the afternoon, the very low-cut bodice was *de rigeur* and only to be escaped by express and rarely demanded permission.

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A great deal of black will be worn. This was decided on before the horrifying murder of a Sovereign of Europe and his heir, which plunged European Society into mourning. The desire for black was a natural reaction against the garish colours—the vivid reds, blues, and greens, displayed in autumn and winter dresses and millinery. Black hats specially will be favoured, and we may look for the reign of very light black straw and crinoline hats for the summer.

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Fortunately there are signs that with the passing of vivid millinery the inverted, mushroom effect will be modified and will in time give place to the "turned-up" brim. Some very beautiful black picture hats have the brim gracefully waved and turned up here and there—a great relief from the hard, "inverted-basin" effect of the last year. There is more smartness in the "waved" hat brim, as it lends itself to a tilted effect, which the Mercury hats certainly did not. The change will bring in a change of hairdressing. We will not see so many "padded" coiffures, and the hair will be brought lower on the forehead instead of being turned up and raised as high as possible. Waved hair will probably come in, as a *retroussé* brim requires loose, fluffy hair to rise up to it. Many girls and young women are rigidly turning their faces against artificial aids to hairdressing. They brush and burnish their locks with scrupulous care to make it loose and "fluffy," and then they puff it where needed with combs.

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# HINTS ON SEA TRAVELLING.

By MRS. SCOT SKIRVING.

### III.—Mal-de-Mer.

I AM, of course, writing more especially for those who "suffer at sea," or who, at least, do not find themselves as well and happy there as on land. There is, perhaps, no malady which causes so much acute and hopeless suffering, and which meets with so little sympathy from non-sufferers, as sea-sickness. It is also a malady which is supposed, by non-sufferers, to be entirely of the imagination, and to be endured for the unalloyed gratification of the patient.

Perhaps the oddest thing about this malady is the very unaccountable people who are attacked by it. Some very healthy people, who really never know what it is to be ill in an ordinary way, suffer diabolically at sea; while some delicate people are thoroughly well. But, on the other hand, some "brutally well" people are even more "brutally" so at sea, and other delicate people nearly die of their sufferings there.

A theory has been advanced that there are two causes of illness at sea, biliousness and nerve-weakness. The victims of the former trouble suffer dreadfully from literal sickness, with its accompanying miseries, for two or three days; their sufferings are acute, but they themselves are eventually the better for them, and when the agony is overpast they enjoy the best of health, and experience enormous appetites. For them a long voyage is really a good thing, as the latter part is pure gain in health, unless they fall into the snare of healthy people at sea—overeating.

The sufferers from nerve-weakness are those really to be pitied. They are usually the people who on shore are liable to nervous headaches or neuralgic pains, and who have not much physical strength to fall back on, and who are easily knocked up; people who very likely have good ordinary health, but who are not strong, who have weak nerve-cer tres, in short. (Of course, there are exceptions to this rule.) With these people being ill at sea often does not mean sea-sickness at all. Their sufferings begin with a heavy weight on the head, a dull pain at the back of it, extending down the spine. They are giddy if they sit upright, and begin to vomit if they stand or move. They have no appetite, and if they had the attempt to sit at table in the heated atmosphere of the saloon through a long dinner would effectually banish it and produce sufferings which debilitate for days. Rough weather induces vomitings, which are especially injurious when so little food is taken, and even in the finest weather these sort of people are never really well, as their best condition is a drowsy, unnatural state, which produces a heavy sleep and makes any sort of mental exertion an impossibility; and this state of comparative relief can only be mantained by remaining quite quietly in a recumbent position. Their strength is to sit, or rather lie, still.

This form of mal-de-mer has its dangers, as a long voyage with continual, or even recurrent, rough weather creates such a condition of prostration that it is liable to end in low or malarial fever (if the patient is at all subject to such visitations), and in any case the sufferer leaves the ship in a completely debilitated condition.

Some of the suggested "cures" are really amusing, because they presuppose a state of things which does not and cannot exist on board ship. Ice bags applied, and constantly renewed, to the spine and head, with certain internal remedies to be administered every hour, and mustard plasters or hot poultices to the abdomen, would doubtless be very practical remedies if a ship were a floating hospital, with a nurse for every half-dozen patients and all the remedies at hand; but they can scarcely have been suggested by anyone who has had personal experience of bad weather on a crowded ship. With one stewardess, who does not profess to be a trained nurse, among fifty ladies—not to mention the children who, sick or well, are always needing attention—it is not to be supposed that the application of plasters or the filling of ice-bags (the ice-room, moreover, being only open at certain hours) could form a part of her duties. A hurried visit from time to time to each cabin where there are sick people, to attend to the terrible but inevitable basin and ask if the lady can "take anything," is the utmost that can be expected of her in bad weather, and more than the majority of stewardesses are likely to do without much ringing. No; any lady who knows herself to be "a bad sailor," unless she is accompanied by husband or friend who will devote themselves to her, or has a maid who really is a good sailor, must just make up her mind to a great deal of suffering, with very few alleviations, and bear it as best she can. But let her arrange for herself beforehand such alleviations as are possible and simple enough to be of use under the conditions of ship life.

1. I recommend most strongly the taking of an india-rubber hot-water bag. This should have a flannel cover for use in the berth (where it can fill the place of the impracticable mustard plaster, and is often of use in checking vomiting) and a serge or cloth cover for use on deck, where it will act the part of a foot-warmer. Keeping the feet warm, and, consequently the head cool, is of immense importance in sea-sickness; in fact, to some people it acts as a preventive, they begin to feel ill directly, and not until, their feet are cold. Mention this bag to the stewardess directly you come on board; ask her to fill it as soon as she can, and to keep it renewed as much as lies in her power. These bags keep the water hot an immense time, and having it filled at night and (at most) twice in the day is all that will be needed. Hot water is always to be obtained on board, and when your bag is started as an institution the stewardess will remember to fill it for you at odd moments when it is compatible with other duties.

2. A soft, not too large, cushion (this can have a washing cover for the voyage) to support the head when lying on your deck chair. This cushion is also a very great comfort in rough weather when you are confined to your berth, as it can be used as a wedge to keep you from unpleasant concussions against the hard wooden edge of the bunk, when the ship is rolling heavily.

3. A really comfortable deck chair, where you can lie down flat. Those long Indian chairs made of wicker are very comfortable, but cumbrous, and what is next to them in comfort is the wooden and canvas seat, with an attachable leg-rest, which can be made perfectly flat, or else raised, according to desire, and which folds up and packs quite flat for removal. It ought to be tied together for travelling, and it is a good thing to have the string necessary for the process always attached to the chair—to save a wild hunt for the desired article at the last moment.

4. A long, large rug—those thick Scotch ones are the best—which can be turned under the feet and will come up quite to the throat. The hot bottle will be under this rug at your feet, and will be kept warm by it.

5. A long, fur-lined coat or cloak.

There are many people who are kept from the most distressing forms of sea-sickness as long as they can remain in the open air, and with the appliances which I have suggested any one may remain on deck on the coldest day and keep warm.

6. I would also suggest, for the people to whom a sea-voyage means more or less of an illness, an especial loose dress to be worn during the voyage, both because an ordinary close-fitting dress is an inconvenience during illness, and also something looser and simpler is more suitable for life on a reclining chair. Not a dressing-gown, of course, however pretty—that would be highly improper; not a tea-gown, but something of a "tea-gowny" nature, without the inconvenient train, made of some substantial material like cashmere, and trimmed with something less flimsy than lace or chiffon. A pretty matinée, in short. Of course, a tea-jacket could be worn instead with an ordinary skirt; but for real comfort and convenience a loose dress, made all in one, is to be preferred, as it slips on so quickly and can be arranged without trouble. No one who has not had the experience knows what it is to make a toilette under difficulties in a small, stuffy cabin, over-

"I shall in future take 'Myra's Journal' in preference to any other."—Miss O. H.

powered by the nausea and faintness of incipient mal-de-mer. The smallest habitual detail of the toilet seems another insurmountable obstacle between you and the open air, and a dress which can be slipped on and fastened without any expenditure of time or trouble over arrangement and adjustment is a boon unspeakable.

These are all external alleviations for the sufferer; now for the internal ones. Take purgative medicine twenty-four hours before starting on a voyage, and eat simply and not too abundantly the day before you sail. When vomiting comes on (with nervous subjects), or when it has sufficiently relieved the system (with bilious ones), take half a teaspoonful of bi-carbonate of soda, dissolved in water, and shortly afterwards a teaspoonful of raw spirit, whisky or brandy. Repeat these two doses pretty constantly—every half-hour, say—until some relief is felt. I do not say that it is a cure, but it is to most people a relief, and at any rate it produces a temporary cessation of vomiting. The raw spirit taken after the soda warms the cockles of the heart, and very often induces sleep. Have your flask and little bottle or box of soda, small tumbler, and teaspoon close to your berth, either in the rack or cabin-bag. You may be able to give yourself the doses in intervals of the paroxysms; if not, the materials are close at hand for the stewardess or a benevolent cabin-companion to hand you. Then, when not actually subject to vomiting, but only nauseated and weak, there is nothing like champagne or sparkling hock to pick you up. This, and some sandwiches of potted-meat or anchovy paste, form an attractive repast, which may be the beginning of a return to more solid food.

"Nervous" patients, when they can eat at all, often prefer what seems to bilious or well people the most unsuitable forms of diet: curry, pea-soup, hashed duck, grilled bone—the richest dishes, in short; but the fact is that their systems are exhausted, and they long for something warming and stimulating; they want little, but they want that little strong, and it is usually safe to trust to the cravings of Nature in such cases.

A deprivation which some people suffer from is never being able to drink tea or coffee at sea. Truly, ship-tea is not an inviting beverage, and to squeamish people its very smell is enough to produce nausea. One of the peculiarities of ship-life is the very early hour at which everyone gets up—to do nothing. It seems as if the late night noises were barely finished and the unhappy voyager has hardly fallen asleep before the morning noises begin, and if nothing else awakes you the arrival of the stewardess (who seems to begin her rounds at 6 a.m.) with the nauseating cup of tea fully arouses you to the horrors of the day! Between that hour and the late breakfast is a far cry, especially as a toilet in a stuffy cabin on an empty stomach is enough to upset your equilibrium for the day. The question is, what to drink instead of tea? Some people can take Liebig, or any of its equivalents; but these are apt to produce disgust after a time, and I think that the best thing for a permanence is a lemon squeezed into a tumbler of water, with enough carbonate of soda introduced to make the drink fizzy and to take off the extreme acidity of the lemon. This, with a biscuit, gives some sort of stay to the squeamish system, and then the breakfast at 9.30 must be treated as a Continental déjeuner. Don't go in for eggs, and bread and butter, and marmalade; but let whatever you can eat be of a solid and sustaining nature—a plate of meat of some sort, and some wine and water. "Being a bad sailor" is very expensive, as wine and mineral waters are dear on ships, and so are all extras; and it is on them that the invalids chiefly live, scarcely tasting the abundant fare to which they are entitled by their passage money.

No. 7433.—A Striped Norfolk Coat.
*For description see pages 31 to 36.*
*Price of Paper Pattern, 6½d., post free, of* Madame Myra, *10 and 11, Fetter Lane, E.C.*

In extreme cases of sea-sickness where the nerves of the head are much affected, some people become delirious from pain and exhaustion, in which case the ship's doctor must, of course, be called in (sea-sickness pure and simple is not looked upon as sufficient reason for his aid), and if he has had much experience he will probably suggest the hypodermic injection of morphia, which is, indeed, the only relief, as nothing taken internally is of any use, and only produces vomiting.


# BEAUTY OF FORM IN MIDDLE AGE AND AFTER.

## A FINE FIGURE FOR ALL WHO HAVE GROWN TOO FAT.

**Why the Pleasant, Simple, and Harmless Antipon Home Treatment Positively Ensures the Permanent Cure of Obesity, with Renewed Health, Strength and Vitality.**

Towards middle age there is generally a tendency to put on flesh. When the abdomen does not become unduly prominent a plump comfortable figure is not without its comeliness, especially with women. But unfortunately this not displeasing plumpness too often takes a sudden turn and develops into a pronounced condition of obesity. With men a gross abdominal protuberance asserts itself, the layers of fat in some instances being several inches thick. With women the waist becomes clumsily thick, the bust too full, and the hips too heavy. With both sexes the facial outlines are spoilt by baggy cheeks and double chin. Worst of all, this sudden development of abnormal fatness is usually obstinate. The subject gets fatter and fatter without apparent cause. *The disease of obesity has got the upper hand.*

Abstention from fatty foods, mineral drugging, sweating, and other abuses common to all old time methods of reducing weight, are of no avail in stamping out the tendency to abnormal development. At best, they only produce a temporary reduction, while the system is being dangerously weakened, but the obese tendency is still there.

Now, the famous Antipon home treatment for the permanent cure of obesity, whilst dispensing with drugs and food-limitation, *does most positively overcome the inherent tendency to put on flesh to excess.* At the same time the reduction of weight is wonderfully quick, except, perhaps, in very exceptional cases of long neglected corpulence. On commencing with Antipon there is a decrease within a day and a night of taking the first dose: sometimes as much as 3lb. in weight is taken off, sometimes as little as 8oz. After this the daily diminution is very gratifying. Antipon has an amazing tonic effect on the digestive system. It creates a keen appetite, and promotes good digestion and proper assimilation. The subject, therefore, enjoys the best of food, without fear of a return of over-fatness.

The difficult breathing which most fat persons experience is due to the fact that the lungs are unable to expand fully and naturally. The muscles of the heart are flabby, the liver and kidneys are congested, the circulation is weak. The many complaints which arise from these causes may be prevented by the removal of the excessive fatty deposits. Antipon will do this when all other remedies have proved failures. The middle-aged man or woman who has regained graceful proportions by following the Antipon home treatment not only looks years younger, but feels so.

Antipon contains only the purest and most harmless of vegetable substances in solution. It is refreshing to the palate, and may be taken at any hour.

Antipon is sold in bottles, price 2s. 6d. and 4s. 6d., by chemists, stores, &c.; or may be had (on sending amount) privately packed, carriage paid, direct from the Antipon Co., 13, Olmar Street, London, S.E.


"'Myra's Journal' is a splendid paper."—Mrs. J. W.

No 7434.—Tailor Gown with the New Striped Skirt.

*For Description see Pages 31 to 36.*

*Price of Paper Pattern, Skirt,* 1s. 0½d. *; Foundation Skirt or Coat, each* 6½d., *post free, of* Madame Myra, 10 *and* 11, *Fetter Lane, E.C.*

# Employment Bureau.

SPECIAL NOTICE.—The printed notice in the Free Register *must* be cut out and sent for re-insertion each month. Miss Winifred Jones will in future only recommend those workers who keep their notices up-to-date. No worker whose notice has not been sent up two months previously will be recommended. This regulation is now an absolute necessity owing to the great increase in the number of correspondents, and to the fact that there are now over 500 names on the Register.

SPECIAL NOTICE.—May I ask my readers to be so good as to forward a stamped envelope when they are writing to a worker and require a reply. To many to whom it is a real struggle to live, and to whom a penny stamp means a good deal, this little consideration would be a real boon; and it is very often merely "want of thought," which, I am sure, this gentle reminder will remedy.

Letters requiring a reply by post must contain twelve halfpenny or six penny stamps and a stamped envelope. No reply will be sent to any letter not complying with these conditions. Letters to be forwarded must bear the Register number on the left-hand top corner, and be fully stamped. Otherwise they will not be sent on.

Communications, to be attended to in the next number, must reach the office not later than the 25th of the month.

Once again I must ask my readers to read through the rules before writing to me or answering advertisements. I can reply privately—no matter if it is only to send an address—to no one unless six penny stamps and a stamped envelope are enclosed. Letter after letter do I receive containing neither, the writers of which expect a reply by return of post.

No. 570.—Dressmaking lessons. On L.C.C. list of approved teachers. Guerre method. 1st class diploma. Tailor and Cutter Academy. Dressmaking done. Own models executed. (Harringay, N.)

No. 532.—Charge of an elderly lady or invalid required. Homely. £1 weekly, inclusive. Or the care of children. Country. Good air. (Surrey.)

No. 533.—Fine underwear carefully made by hand; ladies' materials. Embroidered initials.

No. 528.—All kinds of fancy work. Ladies' materials worked up cheaply. Bazaar and bride's parcels a speciality. Lovely stock collars. Embroidered lace.

No. 541.—Dressmaker. Day and evening gowns. Children's things. Reliable, experienced. (Fulham.)

No. 381.—Costumes complete or ladies' materials. Blouses. Highly recommended. Moderate charges. (Tonbridge.)

No. 531.—Furs altered, re-lined, repaired. Reasonable charges. References.

No. 372.—Ladies' blouses from 2s. 3d. Ladies' and children's underwear; boys' suits. Will cut down, turn, and renovate. Recommended.

No. 542.—Dressmaker at ladies' houses, or ladies' materials. Good style and fit. Terms moderate.

No. 585.—Artistic renovations to day and evening gowns. All branches of children's dressmaking and millinery. Ladies' materials made up. Any design copied. References. Special attention to orders by post. (S.E.)

No. 586.—Wanted any kind of needlework, dressmaking, renovations, children's things, plain or fancy work. Ladies' houses or at home. Moderate charges. (S.W.)

No. 587.—Competent dressmaker wants work. (Bournemouth).

No. 588.—Dressmaker. Any kind of work. From patterns or measurements. Terms moderate.

No. 589.—Wanted a lady to share a nice room. (N.E.)

No. 590.—Wanted post as useful companion. Comfortable home and small remuneration. Needlework; useful in many ways. Musical; fond of animals. References.

"I find "Myra's a very useful journal, also very elegant."—S. B.

No. 591.—Thoroughly good milliner. Makes, trims, renovates. West-End experience. (South Croydon.)

No. 592.—Capable dressmaker. Renovations. (W.)

No. 593.—Thoroughly experienced dressmaker. Ladies' and children's things. Tailoring. Evening gowns. (Shepherd's Bush.)

No. 594.—Competent practical milliner. Blouses, underwear, cross-stitch marking, &c. (S. E.)

No. 579.—Wanted to hear of someone accustomed to doing the best skirt work, who has been skirt hand at a first-class dressmaker's; also of a really good worker for ladies' skirts, accustomed to cut and make for the trade.

No. 580.—Home-made Marmalade, genuine Scotch Shortbread, and other cakes.—Order for above solicited. Prices on application.

No. 581.—Competent milliner. Seven years' West End experience. Will copy from designs, carry out customers' ideas, trim, or renovate.

No. 582.—Really good dressmaker wanted at Chester or Liverpool for stylish blouses and good plain skirts.

No. 583.—Dressmaker at ladies' houses. Dress cutting. Ladies' bodice pattern, correctly drafted on paper, 1s.; linen, 2s. 6d.; from an old bodice or measurements, by an expert.

No. 584.—Dressmaker (Wolverhampton) from measurements. Coats and skirts 10s. 6d. to 17s.; ball dresses 10s. 6d. to 21s.; day dresses 10s. 6d. to 15s.; blouses 3s. 6d. to 7s. 6d.; unlined dresses, &c., very cheap. Many testimonials.

DRESSMAKING LESSONS (J. D.).—I am re-inserting your notice.

DRESSMAKING WANTED (E. O.).—I forwarded your letter, and am also putting you on my Register. You have my sincere sympathy in your affliction, and I can quite understand that it is easier to work at your own home.

LETTER FOR 528 (Mrs. A.).—For a private reply six penny stamps and a stamped directed envelope must be enclosed, but as I want my correspondent to have the work I have overlooked it this once. At the same time our rules are so very simple that I fail to see why so few people apparently should be able to follow them.

## ANSWERS TO CORRESPONDENTS.

NOTICE.—I must once again ask my numerous correspondents to read the rules. Notices for re-insertion in the Register must be cut out of the printed Register and sent to me. Copies in ink will not do. Anyone whose notice has not been re-inserted has failed to comply with this rule; hence the omission. Letters requiring a private reply must enclose six pennyworth of stamps *and* a stamped envelope. Delays are constantly occurring because correspondents do not read and obey these simple regulations.

WORK WANTED (S. M. K.).—I sent you some addresses, and will certainly remember you if I get any enquiries, especially in your district. I remember you gave complete satisfaction when I recommended you last. It is best—indeed the only way, according to my rules—to keep your name regularly on my Register.

WORK WANTED (L. E. L., Wandsworth).—I am putting you on my Register, but before I can recommend you you must send me your name, as I cannot either forward letters or recommend workers by initials only. Your second card received with your name. A letter reaching the office on December 30 could hardly contain notices for insertion in the January issue, which appeared on December 15.

WORKER RECOMMENDED (Mrs. K.).—I am so glad to hear that you employed one or two of the workers I recommended, and that you were quite satisfied. It is very kind of you to let me know, as it is such a help to me, and only fair, I always think, to the worker who has done her best.

RENOVATIONS, &C. (A. P.).—I am so very sorry that your notice was omitted, but you will find it in this issue. I have not forgotten you, but I have had very few inquiries for workers outside London. I am going to ask my readers to enclose stamped addressed envelopes when writing to workers, as many, like yourself, can ill afford the postage.

DRESSMAKER (541).—Please fasten your notice in some way, as it nearly got lost. I have given your name to various ladies, so I hope you got work through some of them. Your second letter

No. 7435.—SIMPLE BUT ELEGANT TAILOR GOWN.

*For Description see Pages 31 to 36.*

*Price of Paper Pattern, Skirt, 1s. 0½d.; Foundation Skirt or Coat, each 6½d., post free, of* MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

"'Myra's Journal' is a great boon to us out here in South Africa."

just received. I am forwarding your letter to my correspondent. Please let me know the result. Yes, your first letter was too late.

Dressmaker Wanted at Chester or Liverpool (Mrs. A.).—I have put in a notice for you and hope it may prove successful. I should like to know if you employ any of the workers whose names I gave you, and your opinion of their work.

Work Wanted (M. L. R.).—I certainly think plain needlework—if really good—much more profitable than fancy work, and I should strive to perfect myself, if I were you, in the making of fine lingerie, for which there is, and always will be, a market. If you sent me your notice in time it is always inserted, but many arrive long after the paper has gone to press. The price you mentioned for making the nightdress was certainly not exorbitant.

Dressmaking (J. M. D.).—There must be a printed notice still available. It does not matter when it last appeared, but once printed that alone should be used for re-insertion. I am glad to hear you have got some orders from the lady you have been teaching.

Dressmaker Wanted (Mrs. T.)—I sent you the names and addresses of several suitable workers, and I should be glad to know whom you employed and your opinion of her work.

Work Wanted (M. L. K.)—I got your second letter and the enclosures. I know something of the society you mention. For re-insertion send the printed notice only; for a letter to be answered send the "Employments" coupon.

Renovations (E. S.).—For re-insertion you must send the printed notice cut from the Register list. Give your number; I think I have told you this once or twice. I am glad to hear you are busy.

Fancy Work, &c. (B. G.).—I am glad to hear that you have had some orders, and I hope you may do well with your embroidered lace. Go about and look at the shops when you are in London, and go into them. Nowhere in the world do they understand the art of window dressing better than in London, and you will glean many ideas from a walk through the West-End. I think you would do well to submit samples of your work before going to London, and then if they are approved of you could call personally and possibly obtain further orders. You might send me a few small specimens of your lace work, which I can return, and I should then perhaps be better able to advise you as to its disposal.

Letter Forwarded (Miss L.).—I forwarded your letter, but I was obliged to open it first, as we never forward anonymous communications. Always put your name and address in the envelope *separately* for my satisfaction, and as a guarantee of good faith. I hope the result was satisfactory.

Children's Dressmaking Renovations (M. E. P.).—Our Register is quite free of charge, but if for re-insertion, the printed notice must be cut out, and the Employments Coupon must be sent with any letter of query, with letters to be forwarded. I am putting you in my Register as you wish, and trust you may be successful in obtaining work.

Notice Received (Mrs. H., Tonbridge).—I am sending you by post the address of a lady who wanted a dressmaker in your district. I hope she may give you work.

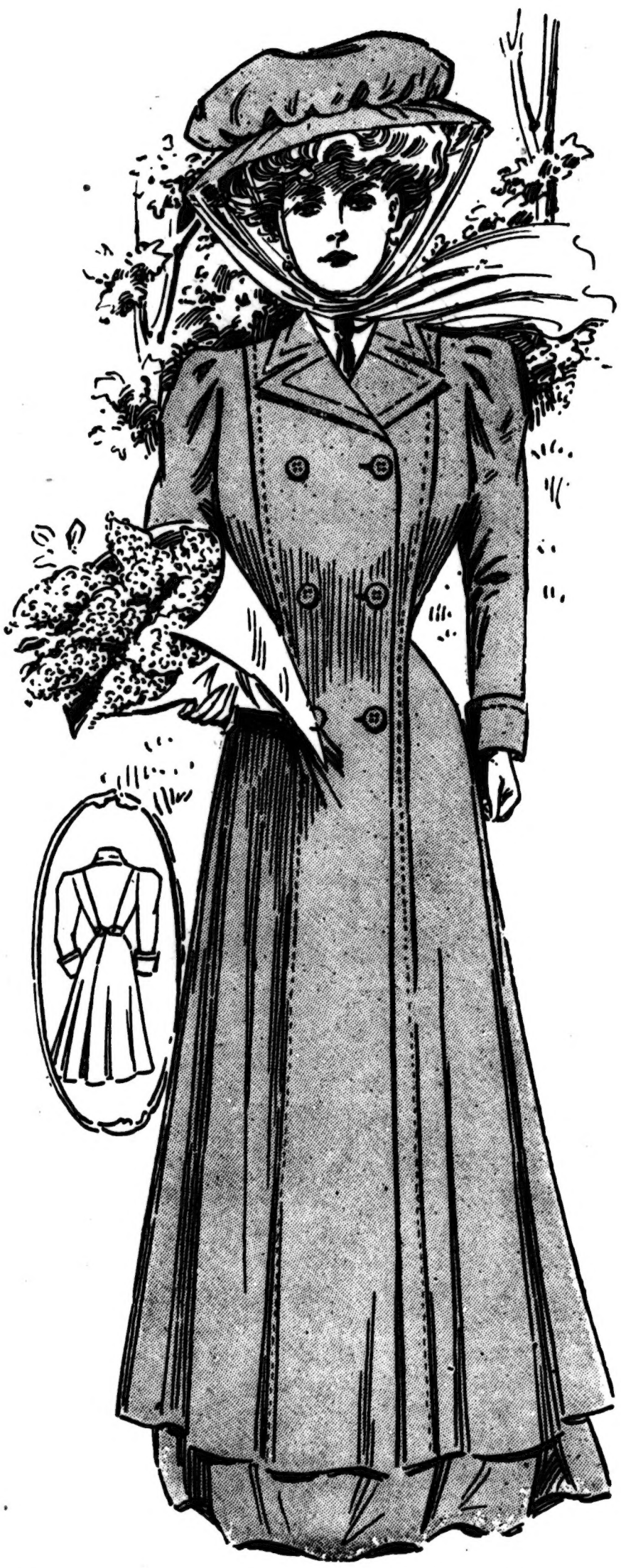
Dressmaker (M. C.).—No, I have not yet heard from the lady. Why not remind her of her promise? I hope the other ladies will employ some of your vacant days. I have given your name to various correspondents, and I hope you have more employment in the future.

At Ladies' Houses, &c. (Miss L.).—Notice duly received. I am so glad to hear my correspondent has given you work, to your mutual satisfaction, I hope?

Milliner (A. L.).—I remember you and your circumstances quite well, and I am sorry to hear the boarding-house was not a success. Still, I think your sister is wise to return to a business she knows so well, and I will gladly recommend her when possible. I am putting her on my register at your address, as it seems useless to give one shortly to be vacated. Write again whenever I can be of use to you.

Dressmaker at Bournemouth (M. D.).—You are a dressmaker, I presume, but you only *say* "a competent and good worker."

*Continued on Page 12.*



No. 7436.—A Tailor Gibson Coat of Pirle-finished Tweed.

*For Description see Page 28.*

*Price of Paper Pattern,* 1*s.* 0½*d., post free, of* Madame Myra, *10 and 11, Fetter Lane, E.C.*

"I am delighted with your journal and shall take it regularly."—H. P.

No. 7437 No. 7438 No. 7349

SMART NOVELTIES IN "TAILOR-MADES" FOR THE SPRING.

*For Descriptions see Pages 31 to 36.*

*Price of Paper Patterns. Corselet and Pleated Skirt, each* 1s. 0½d.; *Skirts, Foundation Skirts, Pélérine, or Coats, each* 6d., *post free, of* Madame Myra, *10 and* 11, *Fetter Lane, E.C.*

No. 7440 Nos. 7441 and 7442 No. 7443

No. 7444 No 7445 No. 7443

## SMART OUTFITTING FOR THE COMING SEASON.

*For Descriptions see Pages 31 to 36.*

*Price of Paper Patterns, Dressing Gown,* 1s. 0½*d.; the other Models, each* 6½*d., post free, of* Madame Myra, *10 and 11, Fetter Lane, E.C.*

No. 7447 No. 7448 No 7449

No. 7450 No. 7451 No. 7452

**BEAUTIFUL BLOUSES FOR SPRING WEAR.**

*For Descriptions see Pages 31 to 36.*

*Price of Paper Patterns, each 6½d., post free, of* MADAME MYRA, 10 *and* 11 *Fetter Lane, E.C.*

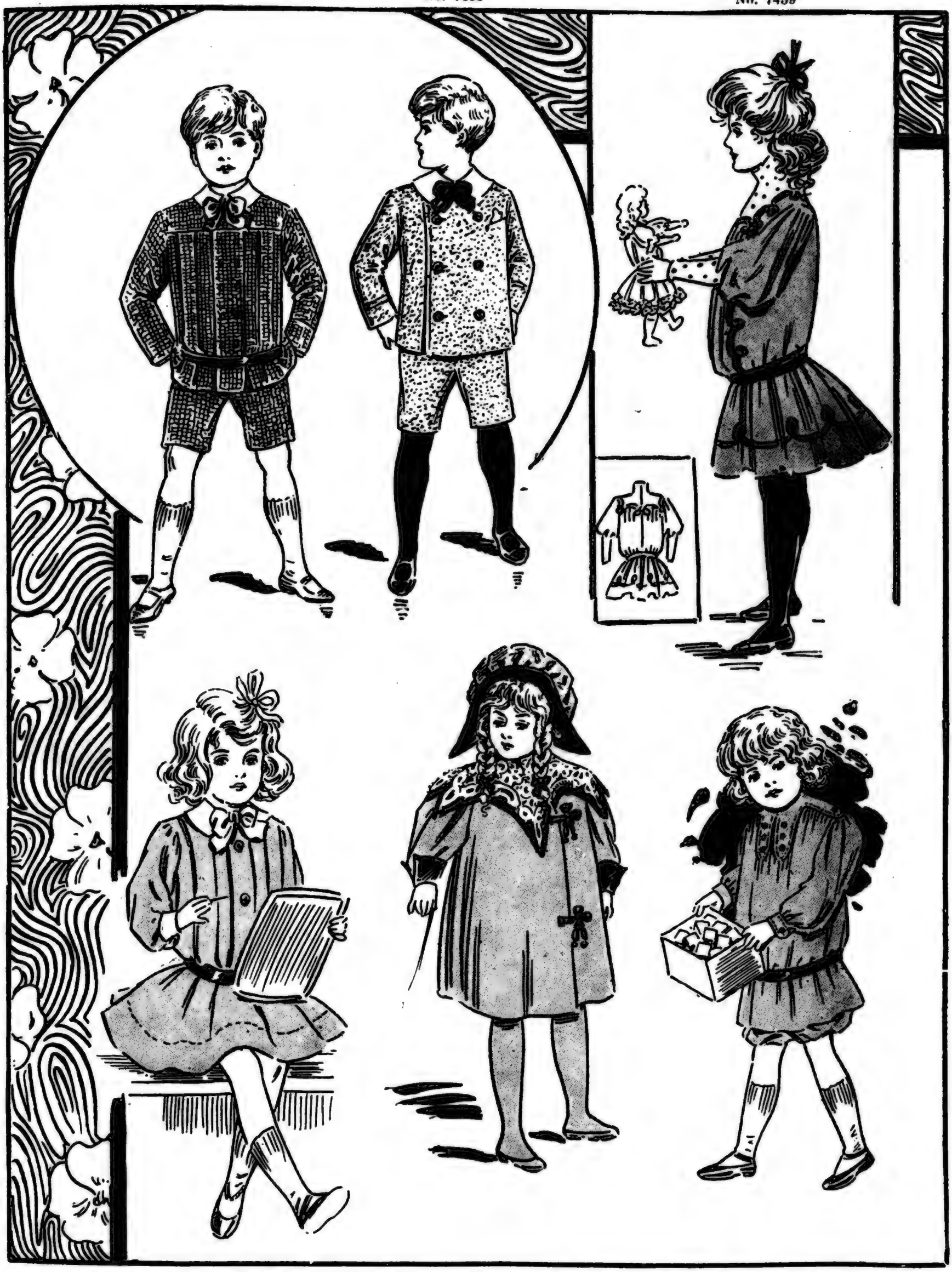
No. 7453 No. 7454 No. 7455

**THREE LOVELY ART TEA-GOWNS.**

*For Descriptions see Pages 31 to 36.*

*Price of Paper Patterns, Corselet Skirt, 1s. 0½d.; Skirts, Foundation Skirts, or Blouses, each 6½d.; Kimona, 3½d., post free, of* Madame Myra, *10 and 11, Fetter Lane, E.C*

No. 7457 No. 7458 No. 7459



No. 7460 No. 7461 No. 7462

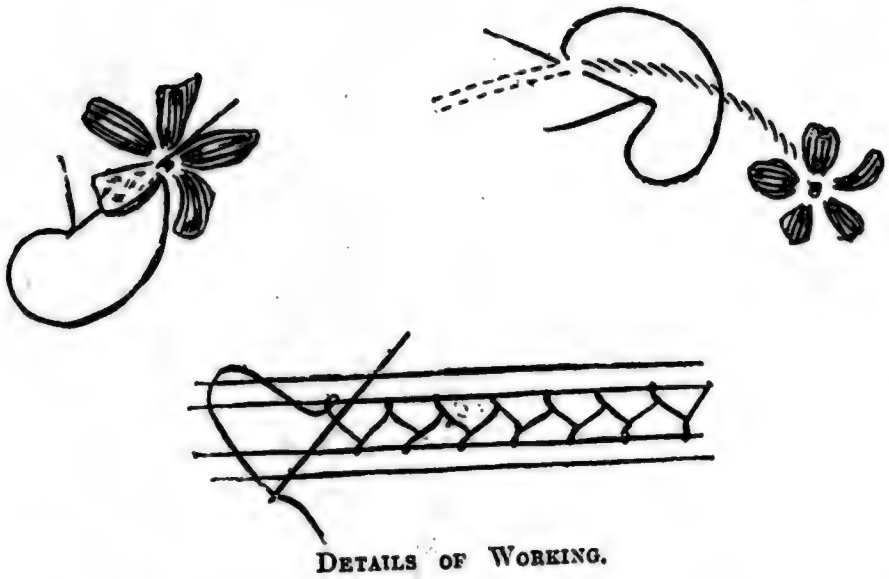
**BOYS' TAILOR SUITS AND OVERALL. SPRING STYLES FOR GIRLS.**

*For Descriptions see Pages 31 to 36.*

*Price of Paper Pattern, each 6½d., post free, of* Madame Myra, *10 and 11, Fetter Lane, E.C.*

# Blouse Embroidered in "Peri-Lusta."

By MRS. HAMER-JACKSON.



Details of Working.

WE have all heard, for the last few years, that blouses were doomed to disappear. The public is tired of them, the ingenuity of the creators of models is exhausted, &c., &c., and we stand still on the tip-toe of expectation, waiting for some new whims of Dame Fashion which will secure for us some useful and comfortable garment which will take the place of the discarded blouse. We may well wait! All the efforts to find a substitute have lamentably failed. Kimona bodices, pinafore styles, belts, and braces have only served to enhance the charm of the dainty blouse, which is just visible enough to display yokes of real lace, guipure or hand embroidery, pretty sleeves and adorned cuffs.

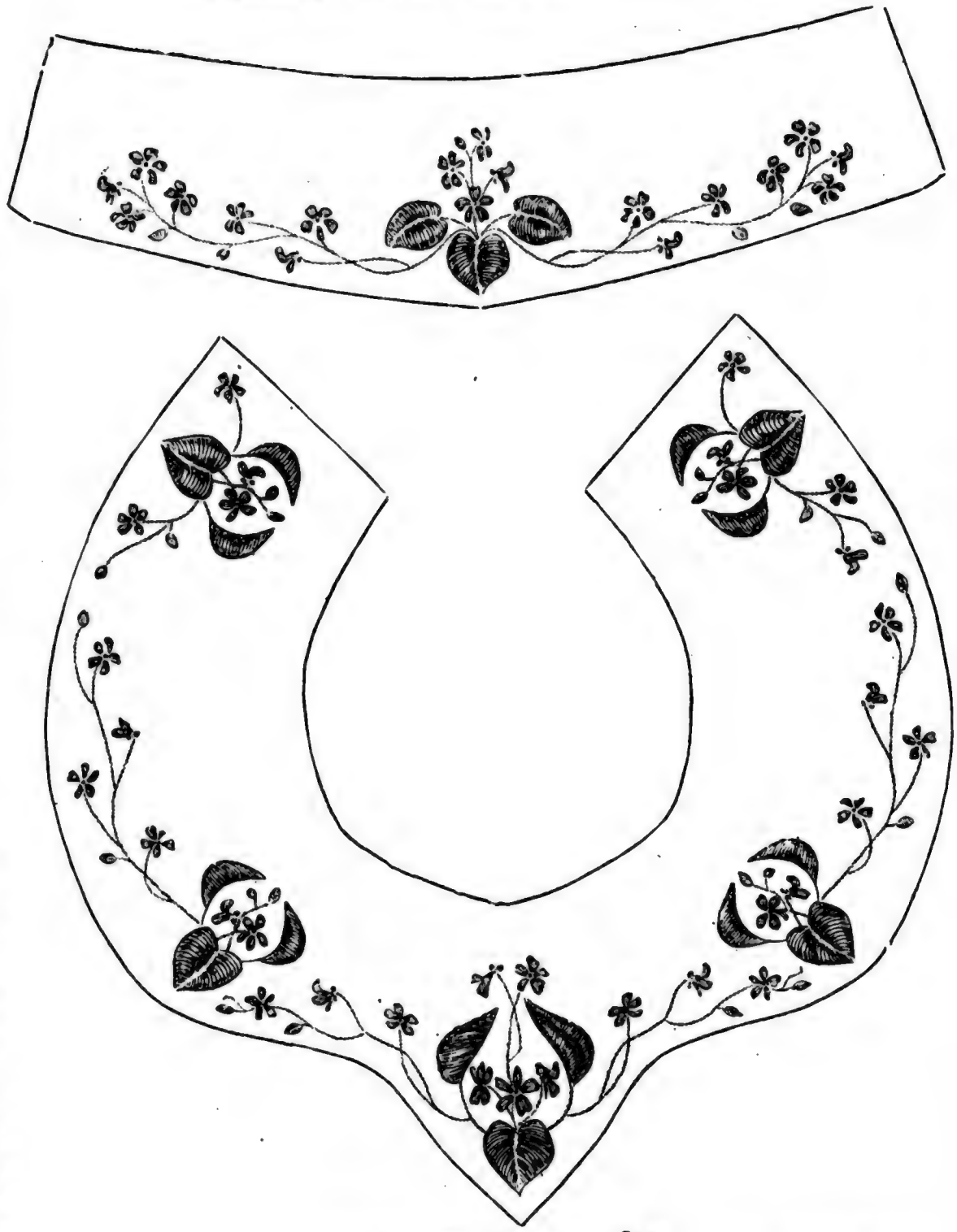
Another champion of the blouse is the always smart and neat tailor-made costume, which is now an institution to which every elegant woman claims to be a member. With a fashionable coat and skirt, a pretty blouse is absolutely indispensable, and whilst the simplicity of the sartorial costume is often only a word which can hardly apply to the heavily braided and embroidered models which are now being prepared for the new season, it is still *de rigueur* to wear a perfectly correct blouse, either in Viyella flannel, linen, or crash embroidered or stitched, but devoid of lace and frills.

This last restriction has often puzzled those who want something more dainty than the stitched morning shirt, and the charming blouse given in this number as a free pattern is the very ideal model which combines both simplicity and daintiness.

The yoke is cut in graceful curves and is pointed in front, thus showing to perfection the artistic embroidery with which it is adorned. Clumps of violets prettily joined together by stray flowers lend themselves splendidly to the artistic effect of this yoke, which has the distinct advantage of being laid over the blouse. My practical readers will at once see the endless possibilities this new scheme offers in suggesting a yoke which could be made quite detachable, and be worn over any kind of plain blouse.

The embroidery is done in what is called a flat "point empietant"; that is, long and short stitches, graduated to receive the next row of stitches, which then fit exactly in the irregular spaces left for them in the previous row. Starting with the leaves, which are worked with three shades of green "twisted" Peri Lusta, Nos. 95, 97, and 98a, take a thread of 98a, and begin right round the edge of the leaf, working the ordinary satin-stitch in graduated size, but always regular with the outer edge. A second row is then done with green 97, fitting the stitches inside those of the previous row, but otherwise with the same graduated line. The third row, which should fill the centre of the leaf, is worked with green 95, thus giving a soft and delicately-shaded appearance closely resembling the natural leaf.

The stalks are done alternately in dark and light green. When all the leaves and stalks are embroidered, the work should be



Embroidered Yoke and Cuff.

*Full size transfers of the Embroidery can be had, price 5½d., post free, from* Madame Myra, 10 *and* 11, *Fetter Lane, E.C.*

"I think it (the embroidered blouse) quite the prettiest of the kind I have seen."—N. B.

laid face downwards on a piece of flannel and ironed with a warm iron. This must be done before the flowers are worked, as it is important for the effect of the embroidery that they should retain their raised appearance.

The flowers are first padded with small flannel-stitch worked inside the outline with white darning cotton or Peri-Lusta White Embroidery thread, size C. Each little petal is then covered with close satin-stitch of mauve, three different shades being used for each flower. Peri-Lusta "Crewel" threads in mauve, Nos. 323, 325, and 326, give the best combination of colour coming as near nature's tints as possible. The lower petals are always darker than the upper ones, whilst the little hearts can be splendidly imitated by a patented (!) invention of my own.

Studying deeply the reproduction of violets, some years ago, I found that the little pointed heart is a mixture of rich red copper and gold, yet only one French knot is possible to give the true effect. I then came to the conclusion that if I wanted to give my needlework the perfect effect of painting I must make my own thread. I therefore took one thread of gold Peri-Lusta 128 and one thread of red copper 146. I unwound each thread separately, and, taking one-half of each thread, I mixed the two colours together, twisting the two halves into a new thread made up of the two colours required for the violet heart, which will be most splendidly reproduced in the one French knot necessary. This novel little experiment will no doubt amuse my readers, but I can assure them the result is well worth trying for.

The flat frill which adorns the edge is made in little tiny white ribbons united by cat-stitches. The details of the work as illustrated shows exactly how it is done, cat-stitches only being an elaborate flannel-stitch worked in an upward movement and taking the thread under the loop formed by the ordinary stitch. A glance at the picture will be sufficient to see the charming effect of this simple work. The frill, although flat, should be eased all round and especially at the corners. The cuffs are embroidered in the same way as the yoke; therefore no special description is necessary.

The transfer of this artistic floral design can be had from Myra's Office, price 5½d., post free.

Speaking of "Peri-Lusta" reminds me of the lovely display of work which I saw at William Owens' in Westbourne Grove, W.

It was the result of the Peri-Lusta £100 Competition, and I wish that every lady who enjoys looking at art needlework could have seen it. There were bedspreads in quantity and novelties of all kinds. An embroidered evening cloak was very attractive. There was a crochet blouse and a lovely table centre on silk gauze. One could not help remarking the high merit of the work and the charming results it is possible to obtain with the lovely Peri-Lusta threads.

No. 7463.—New Fringed Tunic and Peplum Coatee.

*For description see Pages 31 to 36.*

*Price of Paper Pattern, Skirt, Tunic, or Coatee, each 6½d., post free, of* Madame Myra, *10 and 11, Fetter Lane, E.C.*

# Of Interest to Women

WORKING women of all classes, all degrees, will be delighted to hear that women doctors have refused to receive smaller fees than equally qualified men.

It is, unfortunately, true that the Government of this land is among the worst of Great Britain's sweaters of women. Not long ago the women of the great army clothing depôt in Pimlico suddenly had their poor wages (gained for terribly hard work and insufferably long hours) reduced to a starvation point. The women, fortunately, were sufficiently combined to strike, and the Radical Government, with its cry for the improvement of the lot of the poor, had to give way.

Municipal bodies, for their part, with all their magnificent notions of a living wage for men, cruelly beat down their female *employees*. The woman teacher, who has to pass equal examinations and teach equally large classes for equally long hours, can, under present arrangements, never hope to reach within a hundred pounds or so what the precisely similarly-placed male teacher receives as a maximum yearly salary, and her poor little minimum wage is comparatively equally reduced.

The education marplots who map out how the young idea is to be trained, have (wisely in this case) decided that children shall be medically examined in our free schools. Everybody is agreed that women doctors will do the work more thoroughly, more faithfully, more efficiently than men. Here was a chance for sweating. The authorities have offered highly-qualified women doctors (they must be highly-qualified) a yearly salary that they dared not even hint would do for men. The women have refused to accept it, and their self-denying action will help to improve the lot of the woman worker all over the land. Self-denying these female doctors are, as even £150 a year (*for full time*) is a temptation to a youthful professional woman longing to "start," though it means the total sacrifice of the future career for which she has studied hard and long.

Why do women doctors hold out, while the women teachers, as in the past, still humbly bow their heads to cruel injustice? Simply because women's hopes are now high, and their docility—the hopeless *laissez-faire* of the slave—is passing away. The securing of the Imperial vote is very near, and the would-be elected one has to pay attention to the woes of the elector. Does not Parliament make the laws which women have to obey?

Professional and working women will no longer stand having their hard-earned incomes mulcted to line the pockets of men whose methods they by no means appreciate. It is not very pleasant for these busy women to have to contribute, willy-nilly, to the salaries of men who make and administer the laws entirely for the benefit of the law makers and of the law officers.

A somewhat grim illustration of "man-made" laws has befallen myself. My quar-

No. 7464.—Theatre or Bridge Frock of Limerick Lace.
*For Description see pages 31 to 36.*
*Price of Paper Patterns, Skirt, 1s. 0½d.; Foundation Skirt, or Bodice, each 6½d., post free, of* Madame Myra, *10 and 11, Fetter Lane, E.C.*

No. 7465.—A Pretty "Utility" Evening Gown.

*For Description see Pages 31 to 36.*

*Price of Paper Pattern, Skirt, Foundation Skirt, or Bodice, each 6½d., post free, of* Madame Myra, 10 *and* 11, *Fetter Lane, E.C.*

terly municipal taxes I lately found had been raised from £7 odd to £8 odd. Several shillings (almost a sovereign) were demanded from me as a half-year's contribution to help to keep the unemployed, the help being in the form of utterly unrequired "made" work, to the end that the men in question should not lose their Parliamentary vote by accepting charity. In a word, a hard-working, heavily-taxed woman is required to help to keep men who have the Parliamentary vote, and who, under the guidance of their idol, Mr. John Burns, are eager to support Mr. Burns' threatened legislation to rob women of their sacred right to earn their own living. I really cannot help laughing. If the present Parliament sweeps away my right to work, how am I to contribute the demanded two guineas; to say nothing of my usual £7 odd per quarter, with income tax in addition, and King's taxes to boot? Our male legislators certainly *can*—if they choose—force me to starve; but I fancy they will lose a little something (in a pecuniary way) in my little contributions to the State.

Those who so kindly appreciated my articles last year in these pages on "Women and Work" will remember that in strenuously objecting to the disabilities of the female in certain lucrative and interesting professions, I mentioned my honest opinion that able women, of a certain turn of mind, like Miss Christabel Pankhurst, were born to be barristers. Here is an interestng little touch of biography which bears out my contention that women in the future, when all legal disabilities are laid low, will provide some of our most gifted lawyers:—

The late Mrs. William Lowther (mother of the Speaker of the House of Commons) was a woman of great mental gifts which would have carried her far even in these still limited days. In the stultifying atmosphere of "Early Victorian" education for women, she had the great benefit of being educated like a boy at the hands of her father, the great judge and jurist, the first Lord Wensleydale. "If my girl, Alice, had been born a boy," the judge was fond of saying, "she would have made the name of Parke illustrious in jurisprudence." J. H.

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## "VOTES FOR WOMEN" IN VANITY FAIR.

Almost the first words which greeted the visitor to the great Dress Exhibition in February, held in Earl's Court, were "Votes for Women." Here on a raised platform at the end of the second hall, in the very centre of Vanity Fair, the National Women's Social and Political Union—commonly known as the Suffragettes—opened a special stall. All day long a curious crowd clustered round, examining the literature and postcards displayed thereon, asking questions and keeping up a running fire of comments. The stall was in charge of the Kensington Women's Social and Political Union, and members of the local Union were present all day, answering questions, giving information to those interested, and distributing free leaflets. The stall certainly proved a great success, large quantities of literature having been sold, whilst many signatures have been obtained for the book which was kept on the stall, and in which all who sympathised were asked to sign their names.

---

## SUFFRAGE SELF-DENIAL WEEK.

From February 15 to 22 members of the National Women's Social and Political Union are observing a week of self-denial in order to raise funds for the Union. Special collecting cards have been issued, and sympathisers are asked to hang these in a prominent place where they can be seen by all who call at the house.

Many and varied are the schemes suggested for raising money during this week. Some of the local Unions are applying to the police in their district for permission to stand at the various railway stations in their locality and hold collecting boxes; others are holding "marmalade bees"—all the marmalade made to be sold for the benefit of the Union; others are organising concerts; whilst others again have thought of different schemes.

No. 7466.—EVENING GOWN OF NET AND LACE.

*For Description see Pages 31 to 36.*

*Price of Paper Patterns, Skirt, Foundation Skirt, or Bodice, each 6½d., post free, of* Madame Myra, 10 *and* 11, *Fetter Lane E.C.*

No. 7467

No. 7468

**A DRAPED PRINCESS GOWN AND A PRETTY THEATRE BLOUSE.**

*For Descriptions see Pages* **31** *to* **36.**

*Price of Paper Patterns, Princess Gown,* **2s. 0½d.**; *Skirt, Foundation Skirt, or Blouse, each* **6½d.**, *post free, of* Madame Myra, *10 and 11, Fetter Lane, E.C.*

No. 7469 No. 7470 No. 7471

**BEAUTIFUL TAILOR GOWNS, SHOWING THE T**

*For Description*

***Price of Paper Patterns, Pleated Skirts and Kimona Coats, each 1s. 0½d.; Skirts, F***

. 7471 No. 7472 No. 7473 No. 7474

THE TYPICAL COATS AND SKIRTS OF THE SPRING SEASON.

*Descriptions see Pages* 31 *to* 36.

*; Skirts, Foundation Skirts, or Coats, each* 6½*d., post free, of* MADAME MYRA, 10 *and* 11, *Fetter Lane, E.C.*

No. 7475 No. 7476 No. 7477

**SMART MILLINERY FOR THE EARLY SPRING.**

*For Descriptions see Pages* 31 *to* 36.

# DESCRIPTIONS OF THE FREE PATTERNS.

[Note.—Our Free Patterns, presented with each number, are always cut *stock size* for ladies: Skirts, 40in., front length (except for trottoir, when length is only 38in.); waist measurement (skirts, coats, blouses, &c.), 24in. Children's patterns are cut the recognised stock size for the ages quoted in the description.]

## A TAILOR CYCLING OR WALKING SKIRT AND KIMONA BRACE.

THIS is a new style of cycling skirt which hangs beautifully on the cycle. It is cut full at sides and back from the knees, so that there is plenty of material to fall gracefully right and left of the back wheel; yet the skirt is without the deep box pleat at the waist, which was always rather difficult to arrange in place; besides, the absence of this deep pleat makes the skirt lighter, as the requisite fullness, to fall correctly, is only where it is wanted—below the hip, commencing from holting. The kimona brace goes beautifully with the skirt, replacing a coat for warmer weather.

This is a good model for the excellent Admiralty " serges, which are all wool and are ready shrunk, so that the material neither spots nor shrinks—indeed, the Admiralty Serges will stand hot soda water! For patterns of these serges, write to the makers, The Leigh Mills Co., Ltd., Bradford.

The pattern of the skirt is in two pieces: half the front, one circular side. The front seams are lapped, the lap being given in the pattern. A small dart on each circular side helps to fit the skirt. The pattern of the brace is in one piece—one back and one front cut in one piece. The diagram shows the pattern pieces laid on 3½ yards 48-54-inch material, which is opened out and double beneath the circular side so that it is cut in duplicate. The single material is doubled in half (selvedges meeting), the front centre of front pattern laid on the fold so that it is cut in a single piece, the kimona brace being cut in duplicate. Tack together backs and front, according to the notches, leaving the opening in the

No. 2.—ORIGINAL EMBROIDERED BLOUSE.

No. 4.—BOY'S TUNIC. TAILOR COAT.

Nos. 1 and 3.—TAILOR CYCLING SKIRT AND KIMONA BRACE.

## OUR FOUR FREE PATTERNS.

*For Descriptions see Pages 25 and 26.*

left tablier seam. Tack the back seam. Try on. Stitch and press the seams. Cut a light sateen lining on skirt pattern. Finish the side opening by turning in the lining over the serge turning (turned over a narrow band of lino) and stitching down. Close with Newey's Imperial Spring hooks and worked loops. Bind the top and close with hooks and eyes. Put the pocket in the opening. Turn up the hem. If front seams are lapped (the best way for a useful tailor skirt), it looks best merely to stitch down the hem on front lining before the lining is finally adjusted in place (stitches not to show). Turn the rest of the hem, sides and back, over the lining, and stitch down. If sides are unlined, put a band of Prussian binding over the hem's raw edge, and see that the rows of stitching hold it well down so that there is nothing to catch foot or pedal of cycle. The hem should be well pressed and shrunk into shape by a very hot iron passed over a wet woollen cloth (white if possible, so that it may not stain the skirt).

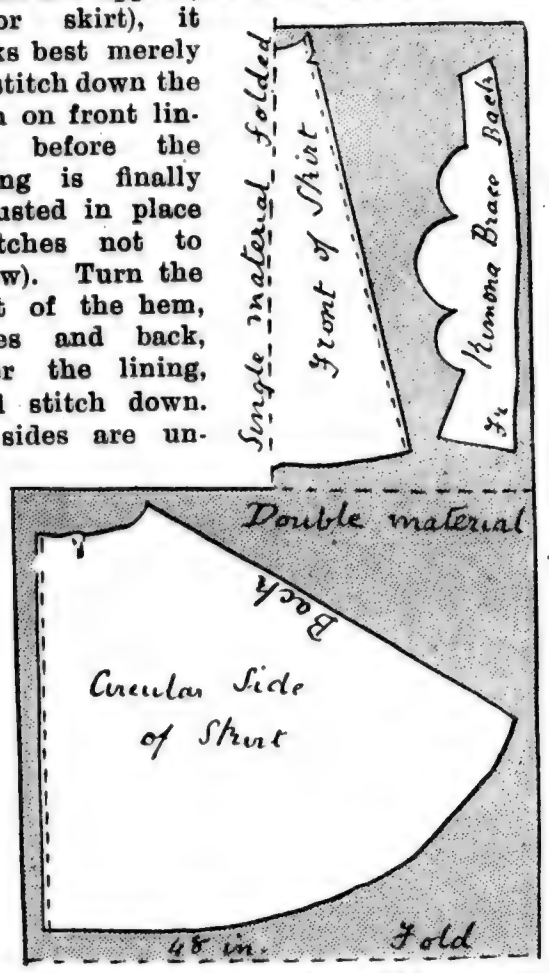


Diagram of Skirt and Brace Patterns.

The kimona brace is quickly made, having no seams. The edge is stitched, the outer edge being trimmed with a little silk frill to match the serge. Do not spoil the curves in turning the edge. It is a pity to line the brace, as this is a warmer weather garment, but a strip of silk could be stitched along the outer and inner edges, to make all neat. The lower edges, front and back, are gathered. This part can pass beneath the skirt or can be arranged beneath the silk belt (matching the serge) which is draped on Featherbone (for the Featherbone, send to Weeks and Company Department, M.J,. 5, Wells Street, W.).

If anyone wants a smart coat to match this cycling or pedestrian skirt, for colder or rainy days, I suggest the original and useful belted coat, No. 7433.

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ORIGINAL EMBROIDERED BLOUSE.

This lovely blouse should be white, using any of the new silk-and-wool fabrics, white cashmere or white veiling of good class. For patterns of the new white dress and blouse fabrics, send to Messrs. T. W. Thompson, 163 to 168, Tottenham Court Road, W. The original yoke and cuffs are embroidered. The rest of the trimming consists of bands of baby ribbon worked together with faggot stitch. How to do the decoration for this lovely blouse is explained by Mrs. Hamer-Jackson, on page 16.

A kimona "wide-arm" effect is obtained by the long shoulder, the large, deep armhole, and the addition of a band of the faggot stitch work, one edge only of which is secured to the blouse. The faggot stitch work supplies the collar, as wide as liked by adding extra rows. This collar is 14 inches at the base, and can be diminished or "shaped" to the neck by *slightly* reducing length of each row of ribbon as the rows mount upwards. The blouse closes at the back with tiny de Long hooks and worked white loops.

The pattern is in six pieces—half the blouse: half the full front, one full back, one sleeve, half the one-piece yoke, the sleeve lining, one cuff. Sleeve lining could be of the nun's veiling, cut out of the waste, as seams in the lining would not matter.

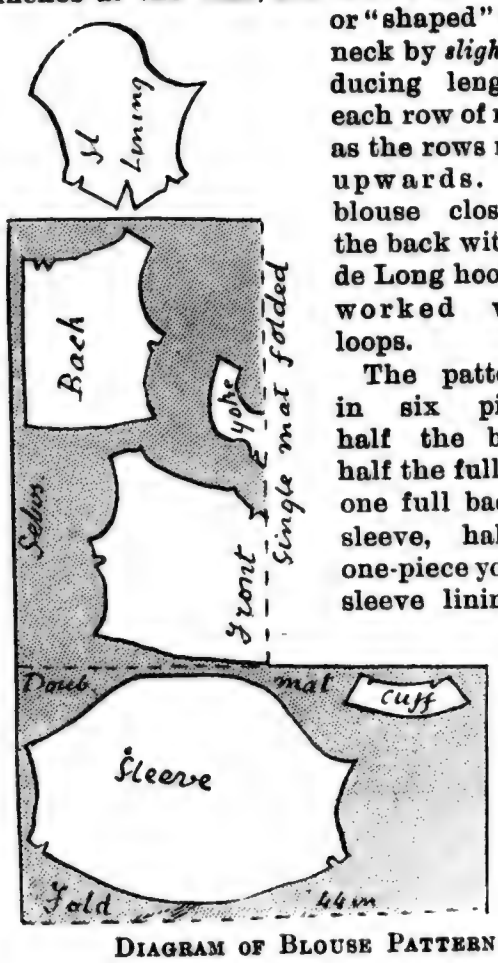


Diagram of Blouse Pattern.

The diagram shows the pattern pieces laid on 3 yards 45-48-inch material, which is opened out and is double beneath sleeve, so that it is cut in duplicate. The single material is folded over (selvedges meeting), the front centres of front and yoke patterns laid along the fold so that each is cut in a single piece.

Tack front and backs together. Gather top to fit the one-piece yoke. Tack to yoke according to the notches. Try on. Cover the seam joining yoke and blouse by sewing, just above it, the top edge of a slightly eased band made up of baby ribbon and faggot stitch. Choose ribbon only a little over ¼in; you will find three rows enough. Make the collar of the faggot-stitch work. Put on the collar. All joins must be very dainty and neat. Hem the basque and backs. Put on the fastenings.

Arrange the sleeve on the smaller lining. Put on the embroidered cuff, which is finished with a band of faggot-stitched work, the top of the band sewn to the extreme edge of the cuffs so that it falls loose. In the cuff pattern we have given the extra width for an inch each side of the faggot-stitch trimming, because this trimming forms part of the cuff as seamed to the sleeve. So cut your veiling cuff narrower than pattern according to the width of your trimming. But we have not allowed for the width of the trimming at the lower edge of cuff, as there the trimming falls free and forms no part of the structure.

The large armhole of the blouse is given a kimona effect by sewing a band of the trimming just outside the seam at the top of the shoulder. Under the arm the trimming is put lower than the seam, but only so low that its free edge conceals the seam.

The faggot stitching adds to the beauty of the blouse, but some ladies, to avoid trouble, will prefer to replace it with an inch and a half lace insertion. An inch and a half is a very good width for the trimming. The collar of the original blouse has quite twice this width, but that is a matter of choice.

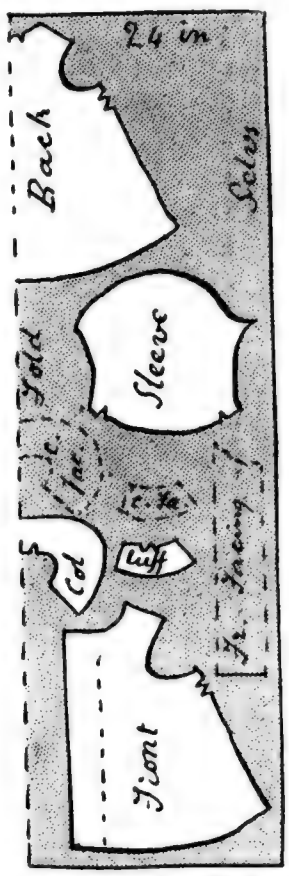


Diagram of Coat Pattern.

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BOY'S TAILOR TUNIC COAT.

This can be of cloth, coating or serge. The pattern, cut for a boy of 2-3 years, is in five pieces — half the back, one sleeve, one front, one cuff, half the collar. The diagram shows the pattern pieces laid on 2¼ yards of 48-inch material, which is folded in half (selvedges meeting), back centre of back and collar patterns laid along the fold. Spaces are marked out for front, cuff, and collar facings. The front should be faced with the material (cut on front pattern). The seams and facings can be bound with sarsenet for neatness. Or the coat can be lined with silk or Italian cloth, seamed apart, the edges slipstitched to the stitched coat edges and front facings. The fronts are double breasted and the coat closes with pearl buttons.

The one-piece sleeve is gathered into the white cuff, which, like the collar, is faced with the material, with an added slipstitched facing of white cloth.

This neat coat can be made of cloth, coating or serge. Lewis's, Market Street, Manchester, has excellent coatings, cloths, and serges at very inexpensive rates, which are just the thing for children's coats, as they wear so well in spite of cheapness,

"I have lately used your paper a great deal, and find patterns most reliable and correct."—Miss O. H.

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FOR ALL CLASSES OF FANCY NEEDLEWORK.

**EQUAL TO SILK AT COST OF COTTON.**

**250** Art Shades; **137** Boiling Dye Colours.

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"PERI-LUSTA" CROCHET YARN. 100 yard Reels, 6d. each. In all leading Shades.

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THE **BOILING DYE COLOURS** are a speciality, being manufactured to stand boiling in soap and water, and are a boon to ladies working in articles which need to be of a washing and durable character.

Send for NEW SHADE CARD, showing Full Range of COLOURS and MAKES.

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# Flannelette.

If purchasers of this useful material for underwear all the year round would buy the best English make, which can be obtained from all leading Drapers, they would avoid the risks they undoubtedly run with the inferior qualities of Flannelette.

# Horrockses'

# Flannelettes

*(made by the manufacturers of the celebrated Longcloths, Twills and Sheetings)*

**are the best.**

**"HORROCKSES" stamped on selvedge every 5 yards.**



# A Warning for Spring.

The Amazon Cloths, Venetians, Habit Cloths, and other faced cloths so fashionable this season, are beautiful cloths, but are very liable to SPOT with RAIN unless they are "PIRLE" FINISHED.

Your Draper knows that we guarantee to make good any damage by rain to materials bearing on the selvedge this stamp:

**THE "PIRLE" FINISH.**

Extract from "Madge's" letter in *Truth*:

"Every dressmaker ought to leave out a bit of selvedge somewhere with the 'Pirle' stamp on it, as this affords an absolute guarantee for the wearer. The proprietors undertake to make good any material so stamped that has been actually damaged by rain."

EDWARD RIPLEY & SON, LTD.,
100c, Queen Victoria Street,
LONDON, E.C.

## THE BEAUTIES OF THE SWEET PEA.

Who does not appreciate the dainty Lathyrus odoratus (sweet pea), that beautiful six-foot climber, covered with its delicate flowers of scarlet, salmon, pink, mauve, purple, maroon, white, yellow: plain, striped, varigated? There are also dwarf sweet peas to be had, called "cupid," which require no sticks. The charm of the sweet pea is its delicate scent, the variety and happy harmony of its colours, the profusion of its blooms. Now is the time to get your seeds. Plant them in March or April, in a trench in well-dug, and well-manured ground if you want them to bloom in July or August. Those who want an earlier crop, say in June, must plant the previous autumn (September or October). In some soils the autumn-sown plants do best, in others, the spring planting. Anyhow, plentiful manure is a requisite, and, of course, reliable seeds. Quite the best seeds can be obtained from Henry Eckford, Wem, Shropshire. He is a specialist in sweet peas, and has eleven distinct novelties to offer this year. Of course, the novelties, being the result of long and costly experiments, are dearest, but a packet of each of the eleven novelties can be had for 9s. 6d. the eleven packets, or 5s. for eleven half packets—which is certainly not dear. "The Villa Collection" (B) consists of twenty-four splendid varieties of the sweet pea, quite up to exhibition level, fifty seeds of each variety (only 5s. 6d.). The Villa (C) Packet contains twelve varieties, also suitable for exhibition, fifty seeds of each, for 2s. 9d. Mr. Henry Eckford will send a catalogue (illustrated) post free; and he always sends, free, with his ordered seeds, a little booklet with instructions as to planting, etc.

Sweet Peas
When growing sweet peas grow only the best.
The BEST THAT CAN BE OBTAINED are Eckford's
1908 NOVELTIES.
There are eleven distinct novelties for 1908, and are offered to the public at 1s. per packet. Full particulars are given in catalogue, also details of some very special offers.
SPECIAL NOVELTY OFFER.
One packet of each of the eleven grand novelties, 9s. 6d., post free. Half packet of each 5s., post free, for cash with order.
Villa (B) Collection.
Twenty-four splendid varieties, suitable for exhibition, fifty seeds of each, 5s. 6d.
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A Booklet, giving full particulars on the Culture of Sweet Peas, given with every order.
Eckford's Culinary Peas also lead.
FREE. Send a postcard for coloured Illustrated and full descriptive Catalogue. It is sent post free. Write to-day.
Henry Eckford
Sweet Pea Specialist
WEM. Shropshire


# Practical Tailoring for Home Workers.

### A TAILOR GIBSON COAT.

*For Illustration see Page 10.*

HERE is a beautiful model for the amateur to try her prentice hand on tailoring. It is an excellent wrap for rain wear, morning purposes, and travelling. I recommend a medium-grey tweed of not too thick a texture, choosing, of course, a Pirle-Finished one.

The pattern is in nine pieces: half the added basque (forming an inverted box pleat at back, pleat wheelmarked on pattern), one full length double-breasted front, half the short back, one short side piece, one short side of front, the upper and under of one tailor sleeve, half the reefer collar, one cuff. Long front seams and short side seams of bodice part are lapped, the laps being given in the pattern. The diagram shows the pattern pieces laid on 5¼ yards 54-inch tweed, which is opened out and is double beneath basque and cuff patterns so that each is cut in duplicate. The single material is folded over, selvedges meeting, the back centres of back and collar patterns laid along the fold, so that each is cut in a single piece, the other pieces being cut in duplicate. Spaces are marked out for the facings, which are cut on front, collar and cuff patterns.

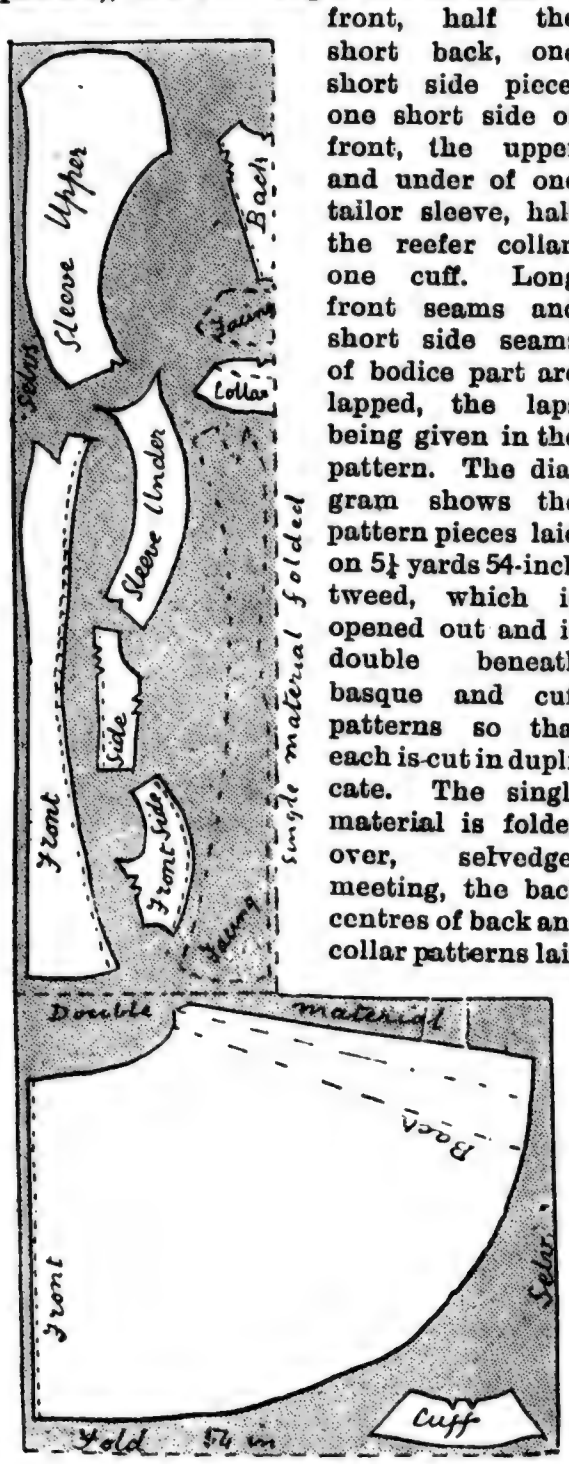


DIAGRAM OF COAT PATTERN.

Tack together sides of front, side pieces, and backs, taking care that the triple notch seams (joining back and sides) are lapped. Then tack to these pieces the basque, the two halves of which have been tacked together, and the pleat arranged. Then tack in place the two long fronts (a lapped seam). Tack collar in place. Try on. In fitting interfere with the lapped seams as little as possible. The lap of front centre will have to be slit a little, so that it lies taut and smooth on the side piece and basque at the waist. Stitch these lapped seams with care. Do not slit your tweed, except where obliged, after tacking, as the turned material can be stretched or manipulated a great deal by means of a hot iron and a damp cloth. After the back seam of basque is seamed and pressed, the pleat is reformed and ironed down, so as to keep its folds. Press all seams well, and lap the waist seam beneath the added belt of stitched tweed, which is held in place by buttons. The belt meets at back, but in front ceases at the lapped seams.

FIG. 1.

Interline the fronts with light tailor canvas, taking care that the canvas ceases at the turnings. Seam together the facings of front and collar as shown in the diagram, fig. 1. Then lay the front facing on front, the tweed face to face, and make a neat small seam all round as far as little facing seam, taking care not to seam in the canvas so as to cause a turning of the canvas. Then reverse the facing over the canvas. Tack down in place and stitch down neatly. Hem the lower edge of the basque. Press the facing and hem as flat as possible with a wet cloth and hot iron.

Interline the collar with canvas, like the fronts. Lay it on collar facing, with the tweed face to face. Seam facing to collar on the edge and sides, as you did the facings. Reverse the facing into place. Tack down the edge, then stitch and press flat. Seam the collar neck to neck of coat. The facing will be felled over the seam when you have put in your lining.

The coat is lined to hip only. Cut lining on short back, sides, and front-side patterns, leaving the lining longer to fall over the basque seam to the hip. Seam the lining, tack it in place, felling it over the front facing so far as it goes. The lower part of long front facing is bound with Prussian binding for neatness. The loose lower edge of the lining is hemmed.

Seam and press the sleeve. Seam and interline the cuff. Face it like the collar as to the top edge. The lower edge is seamed to the sleeve edge, and the facing is felled over the seam after the seamed lining has been tacked in place. The sleeve is pinned in place on the wearer. It is stitched in, taking material of sleeve and lining, but only material of armhole, the lining of armhole being felled over the seam.

The buttonholes are made in the right front, and metal buttons are sewn on the left front. Take care that the thread securing buttons penetrates tweed of front and canvas interlining, but that it does not penetrate the tweed facing.

"I have taught myself dressmaking from your very valuable paper."—A. R. W.

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Carriage paid on orders of 20s. upwards in the United Kingdom.

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**Irish Collars, Cuffs & Shirts.**

COLLARS.—Gentlemen's 4-fold, from 4s. 11d. per doz.
CUFFS.—For Gentlemen, from 6s. 11d. per doz.
MATCHLESS SHIRTS, with 4-fold Fronts and Cuffs; and Bodies of fine Longcloth, 35s. 6d. per half-doz. (to measure 2s. extra). OLD SHIRTS made good as new, with good materials in neckbands, cuffs and fronts, for 14s. the half doz.

**Irish Damask Table & House Linen.**

Fish Napkins, 2s. 11d. per doz. Dinner Napkins, 5s. 11d. per doz. Table Cloths, 2 yds. sq., 2s. 11d.; 2½ yds. by 3 yds., 5s. 11d. each. Kitchen Table Cloths, 11½d. each. Strong Huckaback Towels, 4s. 11d. per doz. Frilled Linen Pillow Cases, from 1s. 4½d. each. Surplice Linen, 1s. per yd. Monograms, Initials, &c., woven and embroidered.

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**Irish Dress Linens.** The largest assortment of these Genuine Goods in the kingdom.

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**A Dainty Drink for Everyone.**

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Delightful flavour and easy to make.

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# DID YOU EVER

have a valuable garment ruined by common hooks and eyes rusting?

Sample card sent free to any lady sending 1d. stamp to Dept. 17, NEWEY BROS., Ltd., BIRMINGHAM.

**NEWEY'S CANNOT RUST.**



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# COOKERY & HOUSEHOLD MANAGEMENT.

## WHAT TO DO WITH A SHEEP'S HEAD.

VIEWED in a butcher's shop, sheep's head cannot be said to have any special beauty of its own, and seen at table, not well prepared, its beauties are still less apparent. Sheep's head is, nevertheless, very desirable from the economical housewife's point of view. It is inexpensive and nourishing, and it is also most delicious if it has been properly cooked.

It may be boiled plainly and served, as in Scotland in old-fashioned times, without any disguise, as head, tout simple. Or it may have sauce poured over it and garnishes added. We may have it as pie, pudding, or curry; or it may be served cold, turned out from a mould, with savoury jelly, hard-boiled egg, and other delights. It may be the foundation of broth, with barley and vegetables, or of clear broth.

The brain may be served separately, in a variety of ways, and the tongue may also be used in many fashions; but as it is with sheep's head as a whole that we are concerned to-day, it is not necessary to give recipes for what may be termed its editions de luxe.

The first thing to learn is how to prepare the head. The butcher will skin it, it is true; but the housewife ought to know that a much better plan is the old Scotch fashion of having the hair singed off (in olden days singeing sheep's heads was one of the many accomplishments of the village blacksmith), which imparts an indescribable, but distinctly improved, flavour to the meat. After singeing it should be soaked for several hours in warm water, and then be thoroughly scraped clean on the outside. It is now ready to be split in two, and to soak in cold salted water for a few hours, after which the brain must be removed, washed, and put into cold salted water. The eyes must be removed and thrown away, the nostrils thoroughly cleansed, all splinters of bone removed, and the head washed in several waters, and finally soaked in salted water for an hour. (It is usually possible to have all these processes done by the butcher, but is always advisable to give a final rinsing in clear cold water, and soaking in salted cold water at home to ensure perfect cleansing.)

Having prepared the head, it should now be put on to boil, starting it in cold water, which must be thrown away as soon as it boils, and boiling again in a second water, into which a sprig of parsley, a bay leaf, and a sprig of thyme, ten peppercorns, and a seasoning of salt and pepper have been put, and this water must be well skimmed. Then the head must cook, very slowly, at the side of the fire for 3 hours. About 1½ hours before serving add 2 tablespoonfuls of barley (previously scalded) and 2 onions, 2 small carrots and small turnip, sliced.

Meantime, remove all skin and fibre from the brains, tie them up in a piece of muslin, and let them boil with the head for 15 minutes. Take them out, drain them, and chop them coarsely; heat 1½oz of butter in a stewpan, add to it 1½oz of flour, and blend both together by stirring over the fire for 2 or 3 minutes; add ¾ of a pint of liquor from the pan in which the head is boiling, simmer for 10 mintues, add the chopped brains, taste, and season if necessary, and keep hot till required.

Now remove the head from the pan, and remove from it all the meat and the tongue. Place the tongue in the centre of a very hot dish, put the cheeks, &c., at either side, pour the brain sauce over, and garnish with cut lemon and rolls of bacon.

Some people prefer to use parsley sauce, and to reserve the brains for garnishing, in which case they should, after cooking and chopping, be mixed with bread crumbs, seasoning, and a little grated lemon rind, and formed into small balls (using an egg, whipped, for binding together), and these, lightly fried, placed either alternately with, or instead of, the bacon rolls.

Sheep's Head Broth.—The sheep's feet, or "trotters," should be boiled with the head (after having been similarly soaked and scraped) when it is desired to make broth as well as to serve the head. (When they are cooked they may be served alone, freed from bones, and covered with tomato sauce.) The liquor must be set aside until cold, when all the fat can be very easily removed, and then 1 hour's simmering should finish the broth. It should be tasted, so that more seasonings may be added if they are needed. Leeks, cut up small, and a little celery may be added to sheep's head broth, though these are modern additions which do not, to old-fashioned tastes, improve upon the dish.

Sheep's Head Pie.—Prepare and cook the sheep's head in the usual way, preparing also the feet. Take off all the meat, cut it into square pieces, season with pepper and salt and a little minced onion, and pack closely

No. 7478.—Girl's Kimona Blouse.

*For Description see Pages 31 to 36.*

*Price of Paper Pattern, 6½d., post free, of* Madame Myra, *10 and 11, Fetter Lane, E.C.*

in a pie dish, adding a very little butter. Then fill up the dish with some of the liquor the head and feet were boiled in (it is well to reduce this by rapid boiling, so that it will jelly when cold), cover with a flour-and-water paste, and bake for 1 hour. When cold, take off the paste, cut the pie into slices or wedges, and serve, like potted meat, nicely garnished with parsley.

A dish similar to the above may be made by placing the meat in a mould, previously garnished with slices of hard-boiled egg, and filling it with alternate layers of hard-boiled egg and meat, pouring in at the last as much reduced stock as will fill the whole. Turn out when cold, and garnish with cut beetroot, parsley, and slices of egg.

Sheep's Trotters Stewed.—Wash and soak the trotters. Then cover them with milk and water in equal proportions. Add an onion, sliced, and a seasoning of salt and

No. 7479.—Girl's Orlwoola Blouse.

*For Description see Pages 31 to 36.*

*Price of Paper Pattern, 6½d., post free, of* Madame Myra, *10 and 11, Fetter Lane, E.C.*

pepper, and cook gently until the bones can easily be removed (about 3 hours). Strain the liquor, add as much milk as will bring the quantity up to ¾ of a pint, return to the stewpan, and reheat. Mix a tablespoonful of flour (smooth) with a little milk, add it to the liquid, stir till it boils, simmer for 10 minutes, season, replace the meat, make hot, and serve. (The above is for 8 trotters; enough for 4 people.)

Some Other Ways of Serving Sheep's Trotters.—(1) Prepare as usual, cut the meat into neat pieces, let them remain for 5 minutes in water acidulated with lemon or vinegar; dip into batter and fry.

(2) Stuff the trotters (after removing the bones) with veal forcemeat. Brush with egg and coat with breadcrumbs, and fry in hot fat.

(3) Stuff with sausage-meat, roll in batter and fry.

Lastly, I give Christopher Worth's sauce for sheep's head. It is not economical, and it must be carefully made; but those who use it may have the satisfaction of tasting a sauce which doubtless appeared at table at the hostelry known as Tibbie Shields, at St. Mary's Loch, in the days when the Ettrich Shepherd, Hogg, and other luminaries held there the famous Noctes Ambrosianæ:—

Mix together thoroughly, 1 glass of port wine, 2 tablespoonfuls of good brown sauce, 1 dessertspoonful of mushroom ketchup, 1 dessertspoonful of pounded white sugar, 1 tablespoonful of lemon juice, ½ a teaspoonful of cayenne pepper, and ½ a teaspoonful of salt. Heat gradually in a small jar placed in a saucepan of boiling water. It must not boil, and it must be served directly it is ready.

This sauce would be a nice addition to a ragout or a stew, and it has this merit: that it may be bottled, if that be done immediately, and it will keep for a fortnight.

Letitia Hope.

"Of all the ladies' papers that are published 'Myra' is undoubtedly the very best."—M. H.

# Descriptions of Our Illustrations.

### Smart Utility Tailor Wrap.

**No. 7432,** **Page 3.** A good pastel cloth should build this wrap; white, or some pale pastel shade. It could be used both for day and evening wear. A noticeable feature is the very large armhole, accentuated by a shaped strap of cloth, which has its edges turned over a band of lino, and is slip-stitched in place after the large one-piece sleeve is seamed into the armhole. The lining is cut on the coat pattern, except the sleeve, which has a lining equally "roomy," but *shorter*, so that the sleeve puffs elegantly over the big cuff. The coat has two backs, two back centres, and two fronts. The back centres are added, cut very sloping, so that there is plenty of material to fall in deep natural flutes. The back seams are lapped—small neat seams. Those at the side are done in the ordinary way. The rich collar is of mirror velvet, secured on the cloth beneath a band of silver passementerie; the ends are embroidered, front and back, and tipped with tassels. The cuff, edged with cloth, has velvet facings, edged with passementerie. The coat is lined with white satin, or a pale shade of the velvet colour. 52-inch cloth, 6 yards. The garment closes with a few hooks and eyes at the collar. For pastel cloths for this smart garment, send to T. W. Thompson's, 163 and 168, Tottenham Court Road, W.

### A Striped Norfolk Coat.

**No. 7433,** **Page 7.** A new and elegant model. Fronts and back centres are cut on the straight. Sides of back and sides of fronts on the cross, seamed beneath a curved strap on the cross, which passes over the shoulder. There are also two side pieces on each side. Face fronts with material, on straight. Strap collar cut on cross (two pieces, seamed at back). Coat closes with buttonholes and metal buttons. Two-piece tailor sleeve on straight, decorated with a cross-cut strap. Line with silk or polonaise, cut on coat pattern, but seamed apart. Wear with skirt of same tweed. Free pattern is a good model, cut with stripes on cross at front edge of circular breadth, front breadth on straight. For coat, 52-inch striped tweed, 3 yards. For the tweed, send to Robinson and Cleaver, 40R, Donegall Place, Belfast. Observe the new cut of armhole, shoulder being very long, and sleeve mounted with lapped seam.

### Tailor Gown with New Striped Skirt.

**No. 7434,** **Page 8.** The new horizontal stripes. If the material cannot be got, cut the length of breadths out of the width of material. Skirt in 9 gores, the seams hidden well in pleats as the stripes "peak" a little where gored edges meet. Pleats, in groups, are wheelmarked on material. Skirt's breadths are cut as straight as possible at lower edge, to avoid visibly diminishing the width of lowest stripe. Wide stripes look best cut this way. Smart kimona coat of plain cloth matching one of the stripes. Sleeve panel is cut in one with front and back centres. Sides of sleeve are cut with side pieces. Decorate with braid. Line with silk matching waistcoat which is of white or pale cloth, decorated with very narrow braid. As striped material is reversible (no distinct up and down) 4½ yards will cut it, with pieces joined on along stripes. 52-inch plain reversible cloth, 2½ yards.

### Simple but Elegant Tailor Gown.

**No. 7435.** **Page 9.** Front centres of coat (lapped seams) are finished with front sides. The back has lapped seams developing into pleats. There are two side pieces also on each side. A most becoming and smart coat for cloth, serge, coating, tweed, &c. Revers are cut with fronts. Face fronts with the material. A row of braid edges coat, revers, collar, and simulates a cuff. Face collar to match. Line coat with silk, cut on coat pattern but seamed apart, slipstitched to stitched coat edges and front facings. Two-piece sleeve decorated with braid and buttons. Long skirt, pleated at sides and back, with stitched hem lined with lino. Wear over an "eel" foundation skirt. 48-52-inch material, 7 yards.

*For Description of No. 7436 see Page 28.*

### Corselet Skirt and Pelerine.

**No. 7437,** **Page 11.** Eight-gore corselet skirt, with front lapped seam (laps given in pattern). The other seams are the ordinary kind. Garment closes at back, and is lined to hip only. Fit and bone with care. Hem skirt invisibly from the back (the French hem). Wear over a five-gore "eel" foundation skirt. Excellent model for the new fine cloths (send to T. W. Thompson, 163 to 168, Tottenham Court Road, for patterns). Lovely pélérine of the same cloth, cut in one piece but seamed on shoulders where the partial seam is hidden beneath bretelles of silk braid. Front is curved to figure by a lap. Added waistcoat fronts of moire, closing edge to edge with hooks and eyes. Line with silk, matching the moire. The pélérine is very prettily braided to simulate buttonholes, and wider braid edges the collar of moire. Can be worn with light or warm blouse according to the weather. 52-inch cloth, 8 yards.

### Pleated Skirt and Little Sacque Coat.

**No. 7438,** **Page 11.** This coat is the favourite and smartest type of short coat, with or without waistcoat. The waistcoat fronts of white cloth close with small metal buttons. There is a one-piece back, two sides, two fronts, two waistcoat fronts. Collar is cut with coat fronts, but back is added. Coat is most smartly strapped and braided: Line coat with satin. Waistcoat closes edge to edge with tailor hooks and eyes. One-piece sleeve arranged into a braided cuff. Cuff, collar, and waistcoat are interlined, to give firmness, with thin tailor canvas. Umbrella skirt, pleated to fit, top of pleats covered with smart


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braided straps, pattern of longest strap (front) being given. Good model for Admiralty Serge. For patterns send to the Leigh Mills Co., Bradford.

### Good Style, Plain Tailor Gown with Little Fitted Coat.

**No. 7439,** **Page 11.** Five-gore skirt of cloth, fitted above, fluted below the knees. Wear over a five-gore foundation skirt, the edge tucked to flat pattern. Close skirt in tablier seam. Stitching trims the hem, which is lined with fine canvas. Smart coat—Two backs, two single-breasted fronts, four sides. The fronts are faced with the cloth. The back seam is left open for a few inches. Stitching simulates a cuff, the sleeve being closed with buttons and buttonholes, tailor style. Close fronts with metal buttons and button-

No. 7480.—Girl's School Costume.

*For Description see Pages 31 to 36.*

*Price of Paper Pattern, Skirt, Foundation Skirt, or Coat, each 6½d., post free, of* Madame Myra, *10 and 11, Fetter Lane, E.C.*

holes. Line coat with glacé cut on coat pattern but seamed apart, the edges slip-stitched to coat edges and front facings. Collar is faced with the material, with added slipstitched facing of velvet. How to finish this reefer collar will be found described and illustrated on page 28. The two-piece sleeve is mounted on a similar lining. 52-inch cloth, 6 yards.

### A Linen Dressing Gown.

**No. 7440,** **Page 12.** Two tucked backs, two tucked fronts, two sides. The smart shoulder tucks are wheelmarked on the pattern. The gown is quite unlined and is trimmed with washing galon. For the linen, send to Robinson and Cleaver's, 40n, Donegall Place, Belfast. One-piece sleeve, finished with a galon-trimmed cuff. A band of galon, supported by linen, simulates a kimona armhole. 36-in linen, 12 yards.

### Evening Cache Corset of Nainsook.

**No. 7441,** **Page 12.** A back and two fronts gathered at waist with a beading holding a ribbon runner, edged with fine lace. Front is decorated with lace insertion and transparent appliqués of lace. Added box-pleat holds the buttonholes. Lace edging finishes neck and armholes. 36-inch nainsook, 1 yard. For the nainsook, send to Mr. Christopher Williamson, Department 10, 91, Edgware Road, W.

### Chemise of Nainsook.

**No. 7442,** **Page 12.** To match Nos. 7443 and 7444. A back and front, front edged with insertion. Front closes beneath a stitched strap with buttons and buttonholes arranged into a yoke made up to pattern with lace insertion. A row of lace edging trims the armhole and neck all round, the neck being drawn up by a band of beading, threaded with a ribbon. 36-inch nainsook, 3¼ yards.

### A Pretty Nainsook Nightdress.

**No. 7443,** **Page 12.** To match Nos. 7442 and 7444. A back and front, eked out with added corners (seamed up the selvedges), the back gathered into a lined yoke; the yoke front is made up to the flat pattern with lace insertion. The front is slit for an opening, the edges protected by stitched bands, closing with buttonholes. Lace edging finishes the neck, which is drawn up with a narrow ribbon, threaded through beading. One-piece sleeve, finished with a tucked and lace-trimmed cuff, which holds the frill of nainsook. 36-inch nainsook, 7 yards.

### Nainsook Combination.

**No. 7444,** **Page 12.** To match Nos. 7442 and 7443. Pattern is in two pieces—half the combinations, half the added back. Fronts are cut low, and are filled in with a yoke made up to pattern with lace insertion. Combination is fitted with darts. The back of the drawers, protected with wide false hems, cross, and are gathered on the back beneath a strap of the material. The wide French legs are finished with a tucked and lace-trimmed frill. Lace edging trims the neck all round, the neck being drawn up with ribbon-threaded beading. Edging finishes the armhole. 36-inch nainsook, 6 yards. For the nainsook send to Christopher Williamson, Department 10, 91, Edgware Road, W.

### New Petticoat Drawers of Nainsook.

**No. 7445,** **Page 12.** The top is a two-piece nainsook skirt, which fits on to the corset. Eke out the halves of skirt with added corners seamed up selvedges. To this is gathered the petticoat drawers—each leg in one piece, of lace-trimmed nainsook. 36-inch nainsook, 5 yards.

### New Petticoat Combination for the New Clinging Skirts.

**No. 7446,** **Page 12.** This should be of very soft, thin material, and has a divided skirt—a sort of loose knickers, so that the clinging effect of the new long soft skirts is not spoiled. No other petticoat is worn. The garment buttons down the front. Nainsook is a good material (for nainsooks send to Christopher Williamson's, Department 10, 91, Edgware Road, W.). The pattern of half the garment is given. It is edged with a deep flounce of tucked nainsook, mounted at a band of ribbon-threaded beading, and edged with a full tucked and lace-trimmed frill. The combination is tucked (tucks wheelmarked on pattern) into the three piece embroidered yoke, headed by ribbon-threaded beading. This is slung from two ribbon-threaded beading straps, edged with lace. New and most smart model. 36-inch nainsook required, 6 yards. Looks well in washing silk.

### Charming Tucked Blouse.

**No. 7447,** **Page 13.** A tucked front and two tucked backs (tucks wheelmarked on pattern) of silk-and-wool material, arranged into a lace yoke, decorated with bands of lace and lace medallions edged with tiny frills of Valenciennes. Lovely model. Band collar of the fine lace. Blouse closes at back. Tucked one-piece sleeve (tucks weeelmarked) on a smaller lining, with cuff of Valenciennes-edged medallions. 46-inch material, 2 yards.

### A Tucked White Blouse.

**No. 7448,** **Page 13.** For linen, cashmere, or Orlwoola. Smart model. A tucked back and two tucked fronts, same tucks turning right and left to simulate box-pleats, separated by bands of torchon or Yak lace. Tucks are wheel-marked on pattern. Close with small pearl buttons, buttonholes made in an underfold of front pleat. Added basque. Shirt sleeve with lower sleeve tucked diagonally to flat pattern. Collar band of Orlwoola and lace. 31-inch fabric, 3¾ yards. For the linen send to Robinson and Cleaver's, 40n, Donegall Place, Belfast.

No. 7481.—Girl's Confirmation Dress.

*For Description see Pages 31 to 36.*

*Price of Paper Pattern, Skirt, 1s. 0½d.; Kimona or Blouse, each 6½d., post free, of* Madame Myra, *10 and 11, Fetter Lane, E.C.*

### Pleated Linen or Cashmere Blouse.

**No. 7449,** **Page 13.** Two pleated backs and two pleated fronts (pleats wheelmarked on pattern). Fronts are crossed. Pleats are deep and last hangs low over the sleeve. Blouse closes at back. Arrange into an added basque. Close with buttons and buttonholes. Belt of velvet. One-piece sleeve arranged into the hanging cuff. Sleeve has a smaller lining. Decorate cuff and pleats with fine braid. Very smart model. Detachable chemisette (with band collar) of lace. For the cashmere or linen send to the Holborn Silk Market, Holborn Bars, E.C. 46-inch cashmere, 2 yards.

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### A Smart Kimona Blouse.

**No. 7450,** **Page 13.** Beautiful model for Oriental satin. Two pleated backs and a pleated front, cut in one with half the pleated sleeve, arranged into a lace yoke edged with ribbon-threaded coarse lace, this lace forming an inserted strap down the sleeve. Beautiful model. Band collar of the fine lace. Mount on a fitted glacé lining, the sleeve of which is mounted into the glacé armhole. Lace lower sleeve. 44-inch satin, 2 yards. For the satin, send to the Holborn Silk Market, Holborn Bars, E.C.

### Morning Blouse of White Viyella.

**No. 7451,** **Page 13.** Smart model. A pleated back and two pleated fronts, central box-pleat cut with right front. Trim with bands of woollen torchon or Yak lace. Pleats are wheel-marked on pattern. Close with small pearl buttons, buttonholes made in an underfold of front pleat. Added basque. Shirt sleeve with diagonally-tucked lower sleeve (tucked to flat pattern). Collar band of lace. 31-inch Viyella, 3¾ yards.

### A Lovely Evening Blouse.

**No. 7452,** **Page 13.** A fitted satin bodice lining is cut with three-piece front, to close on left. Tack, fit, and seam the lining, leaving only the side seams. Veil with full back, vest and two fronts of œolienne. Berthe bands of lace (lace of back is narrow). Into the armhole of the lining is arranged the very new sleeve of the œolienne, transparent, ruffled up the seam on a ribbon. Two-piece kimona fichu of the œolienne, decorated with bands of narrow lace. Exquisite model. Draped velvet belt, supported on Featherbone. For the Featherbone send to Week's and Company, Department M.J., 5, Well's Street, Oxford Street, W. 44-inch satin, 6 yards. 44-46-inch œolienne, 8 yards. For the œolienne send to Messrs. T. W. Thompson's, 163 to 168, Tottenham Court Road, W.

### Corselet Shirt and Kimona Blouse.

**No. 7453,** **Page 14.** Nine-gore corselet skirt of pastel cloth, cut very flowing at the feet. It is lined (boned) to the hip, and is worn over a fitted "eel" under-skirt. Lovely kimona blouse, two fronts and two backs, with seam on each shoulder, closing with hooks and worked loops at back. Collar of the cloth, faced with lace over silk, edged with fur or a bias band of velvet. Model closes at back. Line kimona sleeve with silk. This can be worn over any muslin or lace blouse, or over the new glacé slip with lace yoke and long sleeves (see No. 7424 in the February number). Or it is mounted on a lining with three-piece front, closing at back, the top veiled with guipure. Band collar of guipure, hooking at back. Into the armhole of the under-bodice is mounted long, tight, unlined lace sleeve. 52-inch cloth required, 8 yards.

### Empire Dress of Black Æolienne and White Lace.

**No. 7454,** **Page 14.** On an eel skirt of soft white satin mount the full five-gore dress of black silk-and-wool œolienne, which is weighted with a broad hem of black velvet. Cut a bodice in white satin, with three-piece front, closing at back. Tack, fit, seam, leaving only shoulder seams. Arrange on the top a yoke of white guipure, filled in with tucked white net. Collar of the tucked net. Veil with crossed kimona fronts and backs of the œolienne, back and front in one, pleated up on shoulder, the kimona sleeve decorated with white guipure and a hem of black velvet. Into the lining armhole is arranged a puff sleeve (flat at top in new style) of the net, arranged into a lace cuff. 44-inch œolienne, 7 yards. For the œolienne send to T. W. Thompson, 163 to 168, Tottenham Court Road, W.

### Lovely Tea or Dinner Gown of White Satin.

**No. 7455,** **Page 14.** Seven-gore full skirt, simply hemmed. Cut a bodice lining with three piece front, to close on left of centre panel. Drape with two crossed backs and two crossed fronts of satin, pleated on the shoulder, the chemisette being of white guipure. Decorate with straps of Oriental embroidery hung low on the shoulder to give a kimona effect, the ends tipped with tassels. Draped belt of satin. Draped satin sleeve on a smaller lining, with silk muslin sleeve frill. 44-inch satin, 8 yards. For the satin send to the Holborn Silk Market, Holborn Bars, E.C.

Nos. 7482 and 7483 Nos. 7484 and 7485

No. 7486 No. 7487 Nos. 7488, 7489, & 7490

YOUNG GIRL'S UNDERWEAR AND DETAILS OF DRESS.

*For Descriptions see Pages* 31 *to* 36.

*Price of Paper Patterns, each* 6½*d.; Sleeve and Collar, each* 3½*d., post free, of* Madame Myra, *10 and 11, Fetter Lane, E.C.*

### Boy's Tailor Tunic Suit.

**No. 7457,** **Page 15.** Capital model for tweed. Pattern is cut for a boy of four years. Two-piece knickers closing in front with buttons and buttonholes over a fly-flap, buttonholes worked in a doubled strip of lining stitched beneath the left opening. Only seat and top are lined. The top is supplied with buttons to hold the braces. Pockets of lining are inserted in each side. Smart pleated tunic (pleats wheelmarked on pattern, arranged into a three-piece yoke.) It is double-breasted, closing on right, with two rows of bone buttons. There is no collar, the Eton collar of linen, buttoned on the shirt, being turned over the tunic. Line with Italian cloth, cut on coat pattern after pleating. Two-piece tailor sleeve stitched to simulate a cuff. Lining is seamed apart, and is felled to the stitched tunic edges and tweed front facings. 52-inch tweed, 2 yards. Leather belt.

### Boy's Tailor Jacket Suit.

**No. 7458,** **Page 15.** Cut for a boy of eight. Knickers are made like No. 7457. Coat in three pieces—back and double-breasted fronts, of tweed. Face front with tweed in the manner described for the Gibson coat, page 28. Line with Italian cloth, seamed apart, the edges slipstitched to stitched coat edges and front facings. Stitch coat edges over a narrow band of canvas. There is no collar, like No. 7457. Sleeve like No. 7457. 52-inch tweed required, 2½ yards.

### Girl's Afternoon Frock.

**No. 7459,** **Page 15.** One-piece circular skirt of cashmere, braided, gathered on a three-piece lining which holds the blouse—a full front, braided, and the full back, closing at back, finished with a yoke of spotted silk. Satin sash, matching the braid. One-piece sleeve, braided, on a smaller lining, with silk lower sleeve. For a girl of seven, 46-inch cashmere, 2 yards. For the cashmere, send to Lewis's, Market Street, Manchester.

### Girl's Blouse Nursery Frock.

**No. 7460,** **Page 15.** A box-pleated back and two fronts of serge or linen, closing in an underfold of central back pleat, which is cut with right back. Pleats are secured by tacking inside. Leather belt. Quickly made model. One-piece sleeve with wristband. Detachable collar and cuffs of white hemstitched lawn. For the linen send to Robinson and Cleaver's, 40R, Donegall Place, Belfast. 36-inch material for a girl of four, 2½ yards.

### Girl's Spring Coat.

**No. 7461,** **Page 15.** The pattern, cut for a girl of six, is in six pieces—half the back, one double-breasted front, one sleeve, half the collar, one cuff, one sleeve lining. Lay the pattern pieces on 2 yards 48-inch cashmere, which is doubled (selvedges meeting), the centre of back pattern laid along the fold so that it is cut in one piece, the other pieces being cut in duplicate. Tack together back and fronts and try on. Stitch seams. Interline fronts with lino, and turn up the edge all round (except neck) over an inch band of lino; stitch down. Cut a silk lining on coat pattern, seam and press it, tack it in place, and fell lining edges over the stitched edges. Close with hooks and worked loops. Decorate with brandenburghs of velvet ribbon. One-piece collar of velvet, lined silk, partly veiled with an Irish crochet collar. The sleeve is seamed, and has a smaller lining of the silk, which is seamed apart. Arrange the sleeve into the velvet cuff, which is stiffened and lined. The sleeve is arranged into the coat on the wearer. The seam is stitched, and the lining of the coat at armhole is felled over the seam.

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### Boy's Linen Overall.

**No. 7462.** **Page 15.** A back and two fronts gathered into the one-piece yoke, which is cut with long shoulder tabs and two front tabs. Very smart model. It buttons at back. Leather belt. One-piece sleeve, with buttoned strap cuff. 36-inch linen for a boy of three, 2½ yards. For the linen send to Robinson and Cleaver's, 40B, Donegall Place, Belfast.

### New Fringed Tunic and Peplum Coatee.

**No. 7463.** **Page 17.** Lovely model for white cloth. Will do for any light spring wool fabric. Foundation skirt of white soft silk, edged with a band of the cloth, hemmed with leaf-green velvet. Lovely tunic skirt, seamless, length cut out of the width of the 56-inch cloth, edged with fringe and an embroidery in white and green silk braid. Beautiful coatee of cloth, crossed and slightly draped in front. It is embroidered, and is mounted on a silk bolero lining which holds the embroidered short sleeve. Edge neck with a band of velvet. A feature is the lovely embroidered drapery, shorter at back than in front, passing over the shoulder, tipped with green and white tassels. For very fine supple cloth (send to T. W. Thompson's, for patterns, 163 to 168, Tottenham Court Road, W.). 56-inch cloth, 7 yards. Belt of green velvet to the white silk-and-lace blouse.

### Theatre or Bridge Frock of Limerick Lace.

**No. 7464.** **Page 18.** Five-gore foundation skirt of white satin, veiled with a fuller skirt of chiffon. Over this is a fuller nine-gore skirt of Limerick lace, hemmed with velvet and an added lace tunic (only a front), drawn up in the centre front, also edged with velvet. Tunic is much shorter on right than on left. The sides are held down to the skirt at a seam. The velvet edge on the left merges into the skirt hem. Cut a satin bodice lining to close at back. Veil with chiffon pleated at the top to form a yoke, back and front. This yoke is decorated with pieces of rich guipure. Three-piece bodice—full front, and two backs of Limerick lace, neck hemmed with velvet. Belt of velvet. Large puff sleeve on satin lining veiled with chiffon, and lace band cuff. 18-inch lace, 20 yards.

### A Pretty "Utility" Evening Gown.

**No. 7465.** **Page 19.** Every trousseau must contain quite one black dress. This is of black point d'esprit net and lace insertion of the same type, mounted on white satin. The net skirt is trimmed to look like a separate tunic. Five-gore foundation skirt of white satin, edged with a shaped frill, over which hangs a wider skirt of white chiffon. Over this is a skirt of black net, cut in seven gores, decorated with bands of black velvet and wide black lace arranged to look like a velvet-trimmed underskirt with lace-edged tunic. Net skirt is hemmed with wider black velvet. Top of skirt is not nearly so full as the lower part. A fitted white satin bodice lining is cut with three-piece front, to close at back. Tack, fit, and seam the lining. Into the armhole of the lining is arranged the full puff sleeve of the net, mounted on satin and chiffon, finished with a black velvet drapery. Three-piece kimona of the net, the new shape (rather "baggy" below the arm), the sleeve edged with velvet. Cross draperies of velvet ribbon. Berthe of lace, part lying on the bare neck. Draped velvet belt. 44-inch satin, 8 yards. 44-46-inch net, 8 yards. For the net send to Peach, 133, The Looms, Nottingham.

### Evening Gown of Net and Lace.

**No. 7466.** **Page 20.** A lovely model. Seven-gore skirt of net, tucked at edge to flat pattern, the seams covered with broad insertion. If the shaped effect is required, cut bands of net and edge with narrow insertion of lace. Cut away the net below the shaped bands over seams. Wear over an "eel" foundation skirt of white satin, veiled with a skirt of white chiffon. A fitted satin bodice lining is cut with three piece front, to close at back. Tack, fit, and seam the lining, leaving only the side seams. Veil with a full front and two backs of chiffon, headed with bands of pleated net back and front (band at back is narrow). Into the armhole of the lining is arranged the very new sleeve of the net, transparent, ruffled up the seam on a ribbon. One-piece kimona over-bodice of the net, edged with bands of narrow lace. Exquisite model. Draped velvet belt, supported on Featherbone. 44-inch satin, 8 yards. 44-46-inch net, 7 yards. For the net, send to Peach's, 133, The Looms, Nottingham.

### Draped Princess Gown.

**No. 7467.** **Page 21.** Lovely model for double width satin or pastel cloth. Cut a nine-gore princess lining from neck to hip, in silk, to close on left of centre panel. Shoulder seam is very long; into the armhole is arranged the lace sleeve, transparent, or on a smaller silk lining. Veil top with transparent chemisette (with band collar) of lace, hooking on left shoulder. Fit, stitch, and carefully bone with Featherbone (for samples send to Messrs. Weeks and Co., Departtment M.J., 5, Wells Street, Oxford Street, W.). Veil with two backs, four sides, double-breasted draped fronts of the satin, right front elegantly pleated up on the left, where it hooks under the arm. Trim with rich passementerie or bands of embroidered velvet. Wear over a five-gore foundation skirt of silk, veiled chiffon and lace. Use cheap Limerick lace, tucked to flat pattern. 44-inch satin, 7 yards. For the satin send to the Holborn Silk Market, Holborn Bars, E.C.

### Pretty Theatre Blouse.

**No. 7468.** **Page 21.** The pattern is in eight pieces: one full back, half the full front, half the front yoke, one back yoke, half the band collar, one sleeve, half the fichu, one sleeve lining. Lay the front, back, and sleeve on 2 yards of 44-inch marquisette, which is double beneath the sleeve and back patterns, so that each is cut in duplicate. The single material is folded over (selvedges meeting), the centre of front laid along the fold so that it is cut in one piece. For narrow materials seams must be made up the selvedges, to eke out the width. Fichu, yoke, and collar band are of Limerick lace. The edge of fichu is scalloped and worked. The band collar should be stiffened with fine, white-cased Featherbone.


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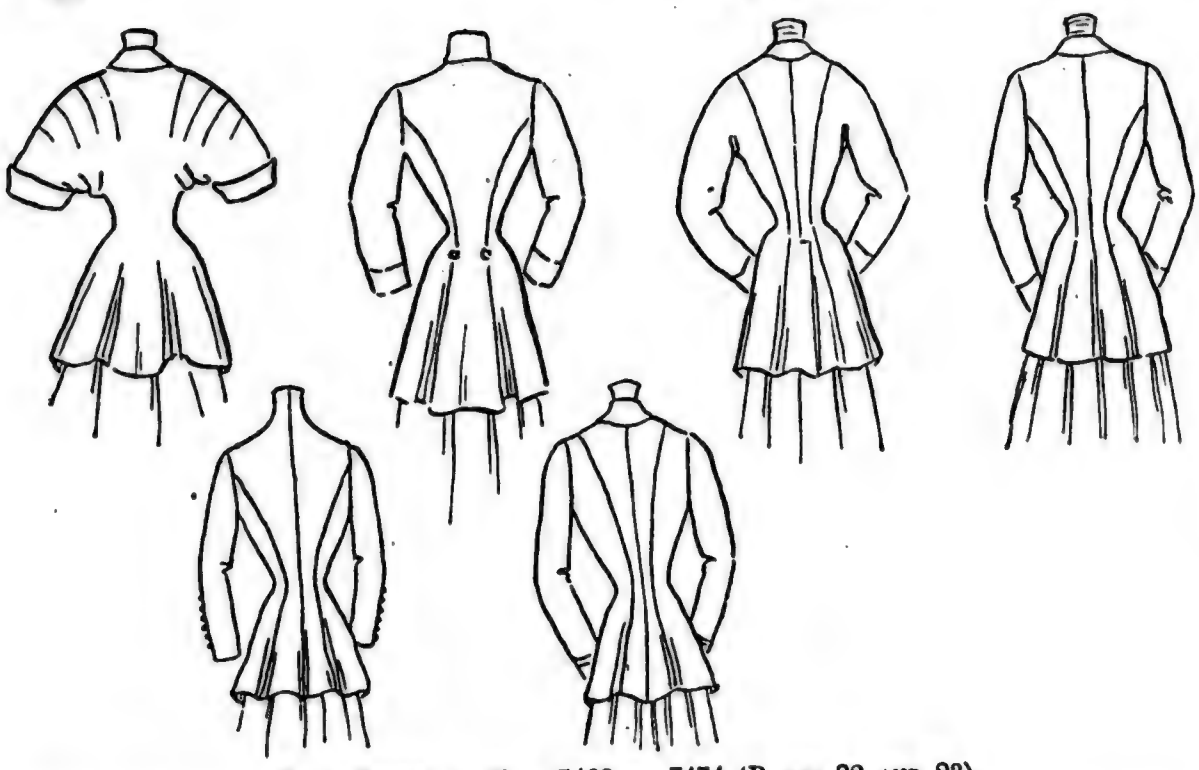


Back Views of Nos. 7469 to 7474 (Pages 22 and 23).

(Send to Weeks and Co., Department M.J., 5, Wells Street, Oxford Street, W.) Tack together backs and front. Gather beneath bands of lace insertion into the lace yoke according to the notches, and try on. Hem the basque. Hem the back edges, and close with a few Newey's Imperial Spring Hooks (very small) and worked loops. The sleeve is mounted on a lining of Brussels net, edged with lace. Strap of velvet ribbon. Sleeve is gathered into the armhole. 45-inch chiffon, 2 yards; 18-inch lace, 2½ yards.

### Beautiful Kimona Coat and Six-gore Skirt.

**No. 7469,** **Page 22.** The skirt is long, fitted and clinging, but very full at the feet. There is a seam front and back. The opening is in the left side seam. The skirt has the French hem (felled invisibly from the back), lined with lino. Wear over a fitted silk foundation skirt. Beautiful coat. The front centre is cut with half the sleeve, and half the back is cut with half the sleeve. There are two side pieces on each side, each cut with half the sleeve, which is prettily draped by means of pleats (wheelmarked on pattern), the top pleat hiding partly the seams front and back. Good model for the new face cloth, very fine and soft. The basques are lined with silk, cut on coat pattern but seamed apart, slipstitched to the turned coat edges and cloth front facings. The upper part is arranged on a short coat lining of silk, the fronts of which hold the waitcoat of velvet. The sleeve lining is sewn into the armhole of this silk waistcoat. The collar and cuff are faced with the cloth. Coat is short waisted, especially at back. Very original model. 52-inch cloth, 8 yards. For patterns of the cloth send to T. W. Thompson, 163 to 168, Tottenham Court Road, W.

### Tailor Costume with Original Coat.

**No. 7470,** **Page 22.** Five-gore skirt of cloth, fitted above, fluted below the knees. Wear over a five-gore foundation skirt, the edge tucked to flat pattern. Close in left tablier seam. Smart new redingote—one back, two double-breasted fronts (cut away at waist), four sides. The fronts are faced with the cloth, with added slipstiched facings of braided velvet. Coat closes with only one buttonhole. The back seams develop into pleats. Braid trims the velvet facing of military collar and cuffs in the same style as revers. Line coat with glacé, cut on coat pattern, but seamed apart, the edges slipstitched to coat edges and front facings. Added waiscoat fronts of braided velvet, which can be omitted. The new two-piece sleeve, mounted on a similar lining, is arranged into the deep cuff. 52-inch cloth, 8 yards.

### Smart Tailor Gown with Original Kimona Coat Sleeve.

**No. 7471,** **Page 22,** The side of front (to the lapped seam) is cut in one with part of the coat sleeve, one side of back is cut with another part of the coat sleeve; there are also front centres and two backs, the backs lapped below waist, tailor style; sides are well curved at waist. Lower edge is braided. Braiding decorates the revers (cut with front centres) and reefer collar, both being faced with satin or mirror velvet. The waistcoat (of braided velvet or satin) closes edge to edge with hooks and eyes, and a cord brandenburgh closes the coat at the bust. Fronts are faced with the satin or velvet which faces the collar. Braid simulates a cuff. The satin is the same tone as the cloth for waistcoat and facing. The new long seven-gore "eel" skirt of cloth, cut close and clinging to the knees. Trim with braid. Can be worn without waistcoat.

### Braided Tailor Gown with Pleated Trottoir Skirt.

**No. 7472,** **Page 23.** Five-gore skirt of serge, arranged in inverted box-pleats covering seams. The pleats are wheelmarked on pattern and are secured inside almost to knees. Decorate with broad and narrow silk braid. Wear over a foundation skirt. Smart coat. Basques are cut circular to flute handsomely. Braided collar. Face fronts with white silk. Waistcoat fronts of silk or cloth, double breasted. Line with white silk or polonaise, cut on coat pattern but seamed apart. Two-piece coat sleeve, not tight but without fullness (latest model). Shoulder is very long and sleeve is flat. Two-piece sleeve. Good model for handsome serge. For the serge, send to Thompson's, 163 to 168, Tottenham Court Road, W. 48-52-inch material, 8 yards.

### Very Smart New Coat and Eel Skirt.

**No. 7473,** **Page 23.** Seven-gore "eel" skirt of cloth, fitted above, fluted below the knees. Wear over a five-gore foundation skirt. Close in left tablier seam. Invisible French hem which is lined with lino. Smart new coat—two backs, two single-breasted fronts, four sides. The fronts are faced with the cloth which shows in the lappels. Collar is cut in one with the coat backs and fronts—a very elegant model. Face collar with cloth. Coat closes with flat buttons and buttonholes made in left front. The back basque develops into pleats. Added waistcoat fronts of spotted velvet, which can be omitted. Line coat with glacé, cut on coat pattern, but seamed apart, the edges slipstitched to coat edges and facings. The new two-piece sleeve, with a similar lining, is decorated with smaller buttons. 52-inch cloth, seven yards.

### Original Striped Tailor Gown.

**No. 7474,** **Page 23.** Seamless pleated umbrella skirt, cut very circular, taking the width of the striped fabric for the length of the breadths, unless the new stripes (running *across* fabric) can be secured. This brings the front centre with stripes *horizontal*. The pleats (wheelmarked on pattern) are stitched down for a few inches. When not wide enough, seam breadths together, the stripes made to meet. Wear over the seven-gore foundation skirt of silk moirettte or sateen. Smart coat—two backs, four sides, and two two-piece fronts, the stripes beautifully fitted. Coat closes with metal buttons and buttonholes, the fronts faced with white satin. Waistcoat fronts, closing edge to edge with hooks and eyes, of white broché. This waistcoat can be omitted. Line coat with glacé, cut on coat pattern but seamed apart. Two-piece flat sleeve, lined with velvet strap. Reefer collar and revers have slipstitched velvet facings. 52-inch material, 7 yards.

### Smart Spring Millinery.

**No. 7475 to 7477,** **Page 24.**

No. 7475. Straw hat, trimmed with roses, foliage, and forget-me-nots.

No. 7476. Hat of crinoline straw, dark blue, trimmed with white feathers. Brim lined with blue silk.

No. 7477. Pretty straw hat, trimmed satin ribbon.

### Girl's Kimona Blouse.

**No. 7478,** **Page 30.** Tucked back and two tucked fronts cut with sleeves (seamed beneath velvet band). One-piece sleeve on smaller lining with velvet cuff. Velvet belt. Detachable lace chemisette. 44-inch cashmere, 1¾ yards.

### Girl's Orlwoola Blouse.

**No. 7479,** **Page 30.** Tucked back and two tucked fronts (tucks wheelmarked). The one-piece sleeve is tucked to give a kimona effect. Right front cut with box-pleat. Stitched cuff and collar. French embroidered lawn collar and velvet tie. 31-inch material, 3¾ yards.

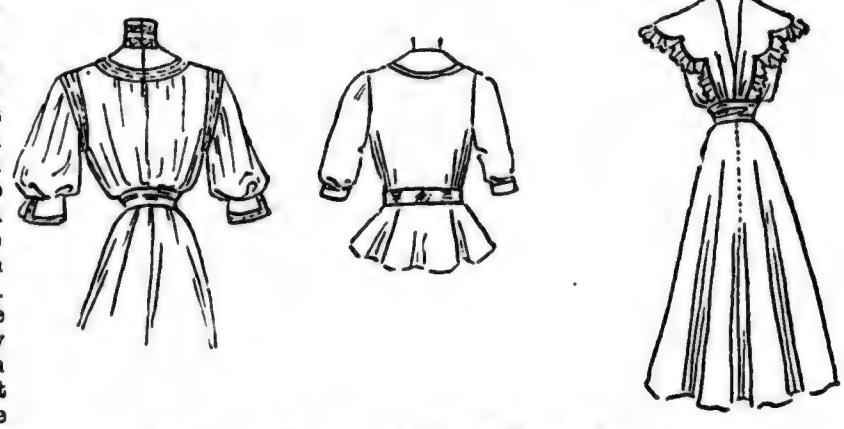
### Girl's School Skirt and Coat.

**No. 7480,** **Page 32.** Two-piece skirt of tweed, with inverted box-pleat in front, decorated with a shaped strap; unlined. Smart coat, back and fronts pleated to fit. Face collar and fronts with the tweed. Tweed belt. Line with silk. Two-piece coat sleeve with strap cuff. 44-inch tweed, 6 yards. For the tweed send to Samuel Lewis's, the Holborn Silk Market, Holborn Bars, E.C.

### Girl's Confirmation Dress.

**No. 7481,** **Page 32.** Five-gore pleated skirt of white serge, unlined. Smart pinafore bodice of serge, pleated on shoulder to represent a double sleeve; also pleated front and back beneath passementerie strap. Wear over any white silk or muslin blouse. 48-inch serge, 6 yards. For the serge, send to the Holborn Silk Market, Holborn Bars, E.C. Tulle veil.

(*Continued on page* 40.)



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The new two-piece
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**Tailor Gown.**

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Reefer collar and revers
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**Millinery.**

No. 7475. Straw hat,
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For the tweed send to
Holborn Silk Market,

**mation Dress.**

pleated skirt of white
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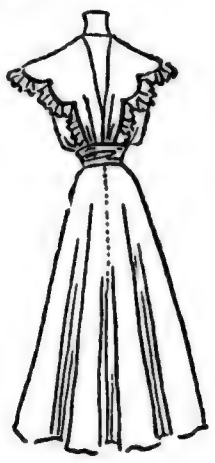
*on page 40.)*



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**Cash £100 Prizes.**

**"Ososilkie"** is a lovely thread of the most beautiful brilliancy. **Looks like Silk** at a fifth part of the cost. **Will wash equal to Silk,** and retains its lustre. In three sizes—**"Fine," "Medium,"** & **"Fancy Twine,"** in 150 fascinating shades. Also in pure **"Lily White"** and **"Cream,"** in six sizes, from Extra Fine to Extra Stout. Also the new **"Ososilkie Filoselle"** in one size only, in white, cream, and 12 mingled heather shades, suitable for gents' ties, &c.

**130 PRIZES.**

**ARTICLES FOR COMPETITION ARE AS FOLLOWS:**

**CLASS A.**

Any piece of **Art Embroidery, Broderie Anglaise, Drawn Thread Work, or Hardanger Work,** worked entirely with **"Ososilkie Brightest Lustre Yarn."**

**1st** Prize, **£12 12s.**; **2nd** Prize, **£6 6s.**; **3rd** Prize, **£4 4s.**; **4th** Prize, **£2 2s.**; 6 extra Prizes of **1 Guinea** each; 6 extra Prizes of **Half Guinea** each; 25 extra Prizes of **7s. 6d.** each; 24 extra Prizes of **5s.** each.

**CLASS B.**

Any piece of **Crochet, Knitting, Teneriffe Lace Work, Feather Stitching,** or **Smocking,** worked entirely with **"Ososilkie Brightest Lustre Yarn."**

**1st** Prize, **£12 12s.**; **2nd** Prize, **£6 6s.**; **3rd** Prize, **£4 4s.**; **4th** Prize, **£2 2s.**; 6 extra Prizes of **1 Guinea** each; 6 extra Prizes of **Half Guinea** each; 25 extra Prizes of **7s. 6d.** each; 24 extra Prizes of **5s.** each.

**RULES OF THE COMPETITION.**

**Rule 1.—All work must be sent in to address at foot between July 10th and 20th, 1908.** A stamped postcard, fully addressed, to be enclosed, so that acknowledgment may be sent on receipt of parcel. Each piece of work must have securely attached a label giving sender's name and address, and **must be carriage paid.** The class in which the work is to compete must be marked on outside of parcel. We cannot accept any liability for loss or damage in transit.

**Rule 2.—All work will be returned** (except First Prize-winners', which become our property). 6d. must be enclosed to cover cost of return carriage. Competitors wishing work sent back in boxes should enclose 4d. extra.

**Rule 3.—It is imperative that only "Ososilkie Lustre Yarn" be used.** All bands or tickets off yarn must be enclosed with work, also Billhead of shop where purchased.

**Rule 4.**—The judging will be performed by experts, and their verdicts final. **Result of Competition** will be advertised in *Daily Mirror,* **July 27th, 1908,** on which date and four following days the work of the **130 Successful Competitors** will be exhibited in windows and Haberdashery Department of **W. Whiteley, Ltd., Westbourne Grove, London.** This firm holds a large stock of **"Ososilkie."**

**Ask your Draper** or Art Needlework Stores for this fascinating **"Ososilkie Brightest Lustre Yarn."** Should you have any difficulty in procuring locally, please write us, **enclosing 6d.,** and we will send you

**Beautiful shade card, 150 colours, and nine small samples,** also name of nearest stockholder.

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HER HEART SAID YES.

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**Lady Hamilton as Ariadne.**—George Romney, 20 by 15
**Enraptured.**—20 by 15
**The Culprit.**—By E. Munier, 16½ by 12
**Happy Days.**—By Fred Morgan, 16½ by 12
**Taller than Mother.**—By Maud Goodman, 17 by 12
**Queen Alexandra.**—15 by 11
**Her Heart Said Yes.**—By S. C. Henley, 16½ by 12
**The Vestal Virgin.**—By H. le Roux, 12 by 9
**A Friend in Need.**—By E. Munier, 12 by 9
**Don't be Frightened.** — W. Koppoli, 11½ by 8
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# Health and Beauty.

By MISTRESS ANNE PAGE.

*All Letters to be addressed to Mistress Anne Page, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.*

Jack's Wife.—Of course you can ask for advice on behalf of your husband and children as well as for yourself, and I shall always be pleased to give it to you in these columns, or by post when you are in a hurry for the advice if you care to send me sixpence in stamps and a stamped envelope fully addressed to yourself. Now, as your husband is getting so bald, you should persuade him not to wet his head every morning as he has been in the habit of doing, but to properly shampoo it at intervals of three weeks, just as you do your own; but in the meantime to rub daily into the skin of his head some of the "Hair Cream" which is made and sold by John Craven-Burleigh, 79w, Craven House, opposite British Museum, London. He will send you a large sample box for sixpence so that your husband may give it a fair trial.

Pop.—An overhanging bust is the reverse of elegant, and I can quite understand that it is detrimental to you in business to have a figure that makes you seem to be so much older than you really are. The way to keep the bust trim, and at the same time to gradually reduce its size is to wear during the day the "Zobeide Reducing Corselette," which was invented for the purpose by Mrs. Maine, 10, St. Mildred's Road, Lee, S.E., from whom alone it can be obtained. If you are the least in danger of becoming too stout on the abdomen and hips you should also wear her "Zobeide Beauty Belt," which is softer than the finest silk, and takes up no appreciable room under the corsets, but is made of a medicated absorbent tissue that soon reduces superfluous flesh in the most harmless way, and with distinct benefit to health.

Elspeth. — "Tarlita's Curling Fluid" (1s. 10d. post free from Tarlita, 77, New Bond Street. W.) will keep hair in wave in the dampest weather, or the hottest room, if a few drops of it are put on each lock of hair before this is twisted on the wavers every night, or before a tongs is used. It will not make the hair brittle nor sticky, and it is just what you want in that damp climate.

Frances.—You can make your nose straighter and prevent that wide spread of the nostrils by wearing during sleep-time a little "Nose Machine" invented by M. Lees Ray, 10e, Central Chambers, Liverpool, to whom you should send for particulars of it. I have heard from several people who have used it with good effect.

Lilias.—There is no reason why you should not have as beautiful nails as any lady in the land, though you have to work for your living, for if you get a 1s. 1d. case of "Culto" (which will last you six months) from Thomas Belvoir and Co., Dept. 22, New Southgate, London, N., and use this for three minutes once a week your nails will be kept in most perfect condition. The easy directions for use of this magical Japanese Nail Polish accompany each case.

Eva.—You can arrest the greyness in your hair, and encourage a thick, new growth of that which is well coloured by rubbing nightly into partings made in all directions on your head some of the "Primrose Lotion" which Mr. Mason, 25, Bank Plain, Norwich, sends post free for 2s. 6d. When you send your order to him for this excellent lotion (which is in no sense a dye) ask him to enclose, free of further charge, his splendid book on the proper care and treatment of the hair, as this will show you how to do scalp massage, which is so stimulating.

Romola.—It is always a good thing, when possible, to take a reliable professional treatment once or twice before commencing to massage one's own face regularly; then there will be no fear of working in the wrong directions. I advise you to let Mrs. Elizabeth Hope, 120, Victoria Street, Westminster, S.W., come to you and give you one of her celebrated and beautifying Face Massage treatments, for which she will only charge you an inclusive fee of 3s. 6d. The treatment will be on the soundest hygienic lines, and without being in the least in the nature of "make-up" will restore youthfulness and freshness to your face that will delight you. As Mrs. Hope is very popular you must write to her a few days before the date on which you wish her to come to you.

Wing.—I have not been able to find the name of a book on Dancing, with plates for self-instruction, but if you would write to the Manager of the Midland Educational Depôt, Corporation Street, Birmingham, he would get such a work for you if it is in existence. But there is a very good little book, sold for a penny, called "How to Dance," written by A. E. Brown, Member of the Society of Professional Teachers of Dancing, Paris, and printed by Gamble and Johnson, Leicester. This contains very clear instructions in all modern dances, and you could quite well teach yourself any of them, especially if you get a friend to practice them with you. To prevent the feet getting tender when you dance you should well powder them with "Mason's Niphetos Antiseptic Powder," which is sent post free for 1s. 2d. a box by Mr. Mason, 25, Bank Plain, Norwich.

Bertha.—That sensation of fulness after meals is a form of indigestion of which you can cure yourself by taking "Eno's Fruit Salt" (all chemists sell this), which is such a great promoter of health. You should have a tepid bath every morning, and while in it massage your abdomen with your hands; after the bath rub yourself well all over with a warm towel, and then take your dose of Fruit Salt.

Alix.—To get those black specks out of your pores you should nightly rub into the affected skin some of the "Herbal Ointment" which is made for this purpose by Mrs. C. James, 268, Caledonian Road, London, N., who would send you a box of it, with directions, packed in a plain wrapper, for 1s. 3d. If there are any Turkish Baths in your neighbourhood you ought to take one of these baths at intervals of a fortnight to get the whole of your skin into a more healthy working order: but if you cannot have this boon, you should get a skipping rope and skip vigorously for ten minutes at a time until you are in a perspiration once or twice a day. As soon as you perspire well you should go indoors again and give yourself a good rub down, and put on a set of fresh, dry underclothing. Then bathe your face with this lotion: Rectified spirit 1oz, Gosnell's Society Eau de Cologne 1oz, distilled water 4oz. An ounce is about two tablespoonfuls if you make the lotion yourself, and if you follow this treatment for a few weeks you will have such a nice clear complexion, especially if you take a dose of "Eno's Fruit Salt" occasionally in order to maintain your perfect daily hygiene.

Mabel.—You will not find the least difficulty in re-colouring your greying hair to its original shade with "Jappo" (2s. 2d. per bottle from The Teinture Syndicate, 285, Regent Street, London, W.), as this is a perfect one-liquid stain—harmless, cleanly, and easy to apply. Send a little bit of your hair with your order, and the lady manager will then know what number of "Jappo" to give you. The day before you set about the staining you should well wash head and hair with hot water, in which you have dissolved sufficient carbonate of ammonia (get a pennyworth from a chemist) to make it quite satiny to the touch as it passes through your fingers; this will free the hair from greasiness, and the stain will take much better. Let the hair get quite dry. Next day apply the Jappo with the teeth of a very fine comb, or with a new tooth-brush; do only a little at a time, and hold each lock up straight above the head while you are making the application, then you will do it successfully. Let the re-coloured hair get quite dry (in the fresh air if possible) before you dress it again.

Dorothy.—There is nothing nicer or more satisfactory for keeping the teeth pearly white, and giving a dainty perfume to the breath, than "Oatine Antiseptic Toothpaste," which is sold for 1s. 6d. a tube by all the principal chemists. If you have any difficulty in getting it in your village, send direct to the makers, The Oatine Company, 136a, Denman Street, London, E.C., and ask them to send with it their new book, called "A Beautiful Face a Matter of Culture," as this is full of beauty hints.

Millicent.—You are quite right; there is a preparation that, when rubbed into the face and neck, makes the skin look really beautiful at once, hides all blemishes, and yet does not give any appearance of artificiality, and it is called "Mason's Jansia Emulsion," and costs 2s. 6d. a bottle, post free, from Mr. Mason, 25, Bank Plain, Norwich. It gives quite a fresh, clear, transparent look to the face that is delightful, and it is exactly what you want, because the more you use it the finer your skin will become. There is no grease nor glycerine in it, but it is at once soothing, healing, and beautifying.

Golden Glory.—The Temple Nerve and Tissue Food that is supplied by Mme. G. H. Temple, The Temple Association (Dept. 115), 8, Blenheim Street, Bond Street, London, W., will soon make you plumper, and take away that "lean and wizened" look from your neck and face, and it will give you such a pretty bust, too. Send a stamped envelope to the above address, and mention the probable cause of your extreme thinness, and you will get all particulars by return of post. Eggs, boiled or poached (never fried), milk, Epps's cocoa, potatoes, butter, cream, and boiled bacon are all good for you, and so are the Plasmon specialities, which are kept by all grocers. Do not eat much lean meat, nor drink anything acid.

Marguerite.—You can have that disfiguring hair quite successfully removed from your upper lip by Mme. Cross, Dept. M.J., 184 and 186, Regent Street, W. (a lift in the entrance will take you to her suite of rooms), who has had a great deal of experience, and who has been a premier beauty-culturist for over a dozen years, during which time I have known her, so that I am able to recommend her to you with all confidence. While you are there, ask Mme. Cross to show you her wonderful "Beauty Box," which she sells for 5s. 6d., and to give you a free trial of the contents to show you what an improvement they will at once make in your personal appearance.

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We have an absolute and permanent cure, entirely free from anything hurtful or injurious to the most delicate skin, never failing to entirely eradicate the strongest growth, destroying the roots so completely that the annoyance **WILL NEVER RE-APPEAR;** and to prove the correctness of the above statement, we will send, absolutely **FREE,** securely packed and free from observation, with medical certificate and testimonials, a sample to all who enclose two penny stamps. Address—

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**A HANDSOME BOOK FREE.**

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The book will show you conclusively how easy it is to obtain perfect health, a lustrous complexion, and a queenly figure in a very short time, through the simple agency of **The Temple Nerve and Flesh Food** (a vitalising agent and flesh builder), and how, without otherwise prejudicing your health in any way, you may, by a natural hygienic method, **enlarge your Bust** from three to six inches **in a few weeks.** At the same time the shoulders are developed and made pretty and plump; and those "salt-cellars" which used to bar you from being beautiful are removed. **The Temple Nerve and Flesh Food,** as supplied for bust development, is a certain remover of wrinkles, crowsfeet, lines, chaps, pimples, blackheads, and all other blemishes upon the skin. It thoroughly clears the complexion, and gives it the full rich tone which can only be possessed by a woman who is in the pink of perfect health. If there be any special ailment the Flesh Food can be specially altered to remove it at the same time the bust is developed.

There is no time to lose. Every day you delay means the longer you will have to wait for beauty. Send at once, enclosing stamp to pay postage, and address your letter to **Madame F. D. Temple, The Temple Association (F.D. 94), 8, Blenheim Street, Bond Street, London, W.**

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On receipt of 1d. stamp for postage I will forward a copy of my book, ***"The Face Perfect"*** (giving full particulars of this treatment), to all sufferers from this dread scourge of Superfluous Hair.

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**PLAIN NEEDLEWORK,** 67 illustrations, price **2d.** How to use a Needle, Stitches, Seams, Patching Bands, Run and Fell Seams, Gussets, Tucks, Gatherings, Button Hole Hemming, &c. It also treats of the Choice of Materials, Self-Measurement; Cutting, Fitting, Pressing and Boning Bodices.

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SERGE is a peculiarly English fabric; it is, one might say, the speciality of the British manufacturer, and is always associated in the mind with the reputation for smart neatness and finish deservedly earned by the English tailor. A good serge is not only handsome—it keeps its colour and retains its good appearance to the last. This is peculiarly the case with the beautiful "Admiralty" All-Wool Serges, which boast so fast a dye that hot soda water will not spoil the colour. Sea-water and sunshine do not fade "Admiralty Serges, and they are so finished that they neither spot nor shrink if wetted. Children's suits and overalls of "Admiralty" serge bear tubbing better even than guaranteed linen. There is a great variety of weights and serges in the "Admiralty" serges, patterns of which can be had from the makers, the Leigh Mills Company, Limited, Bradford. A tailor-made gown of "Admiralty" serge should figure among the spring costumes of every smart woman.

### THE BEST HOOKS-AND-EYES.

There are no better, neater, more easily affixed fastenings than hooks-and-eyes, which take little room, are invisible (when properly affixed and fastened), and which are easily adjusted. The one objection to the ordinary hook is its tendency to become detached from the eye if the garment happens to be in the least bit loose. But this one drawback is entirely obviated by using Newey's Imperial Spring Hooks-and-Eyes. The hook is supplied with a spring "hump," which, while it is perfectly easy to detach the hook-and-eye purposely, quite prevents any "voluntary" detachment of the fastenings. Newey's Imperial Spring Hooks-and-Eyes can be had in all sizes—from the tiny blouse hook to the big tailor one—in black or white. The hooks-and-eyes are sold on cards, and each card has a certain number of "bars" attached, these bars being less noticeable than eyes for closing skirts and blouses—any purpose where the tail of the eye cannot be concealed. All drapers stock Neweys' Imperial Spring Hooks-and-Eyes. There are two dozen pairs (hook-and-eye one pair) on every card; and in addition there are one dozen "bars."

### NETS AND LACES.

Such an immense quantity of net and lace is going to be used for the season's dresses and blouses that it is important to know where they can be obtained, good and yet inexpensive. Messrs. Peach and Sons, 133, The Looms, Nottingham, have prepared a beautiful series of Nottingham piece laces and nets, besides innumerable insertions and edgings, black, white, or cream, to meet the demand. An illustrated price list will be sent on application, post free. All kinds of Nottingham lace curtains can be had from Messrs. Peach, of all qualities and sizes, cream or white. Lace curtains can be had as low as 2s. 6d the pair. A handsome pair of lace curtains, 3 yards long and 60 inches wide, can be had for 5s. 10d. The annual "spring clean" is at hand, so we ought to get our summer curtains at once.

Messrs. Peach also have prepared dainty "made-up" lace garments and details of dress, like blouses, collarette, fichus, &c. Several of these will be found illustrated n the extensive, fully-priced catalogue.

NOTE.—In sending remittance for paper patterns our readers will greatly oblige if they send it in halfpenny stamps, or in P.O. in preference to penny stamps.

## SPECIAL NOTICE.

In consequence of the reduction in the cost of postage to CANADA the subscription rate for "MYRA'S JOURNAL" to Canada *only* is 4s. per annum.

## Descriptions of the Illustrations.

(*Concluded from Page 36.*)

**Underwear and Details of Dress for a Young Girl.**

**Nos. 7482 to 7490,** **Page 34.**

No. 7482. A pretty longcloth chemise, decorated with insertion and ribbon-threaded beading. 36-inch Indian longcloth, 2 yards.

No. 7483. Tulle confirmation veil, and how to mount it.

No. 7484. Longcloth drawers to match No. 7482, backs crossed, protected with false hems. Mount into a narrow shaped band. 36-inch longcloth, 2 yards.

No. 7485. Lawn collar with appliqués of the new net.

No. 7486. Longcloth underslip in three pieces, arranged into a yoke of Valenciennes. 36-inch longcloth, 1 yard.

No. 7487. Belt of Valenciennes on silk, supported on Featherbone, for a confirmation dress.

No. 7488. Long sleeve of lace, to fill in elbow sleeves.

No. 7489. Neck bow of white satin.

No. 7490. Muslin fichu for a confirmation dress, trimmed with Valenciennes.


## WHY HAIR TURNS GREY.

When a person has grey hairs before becoming fifty years old, everybody thinks this is a sign of mental decay. This is a great mistake, and very unjust to those who are afflicted. The reason is due to a slight disorder in the pigmentary glands of the scalp, sometimes caused by a shock of nervousness, and more often due to neglect of the hair.

But every person whose hair is turning, or who is already, grey may now rejoice, for there has now been discovered a perfect remedy. It is not one of those cheap and nasty dyes or stains, but is a preparation which feeds and invigorates the pigmentary glands, causing renewed life and a return of the natural colour. It is perfectly harmless, its use cannot be detected, and the hair gradually darkens until it reaches the shade of the days of youth. It is equally good for men and women, and if any reader of this paper would like to try a bottle, I will hand same to him or her free, with my compliments, at my office, or will send in plain sealed wrapper, if three penny stamps are enclosed for posting.—Prof. Paul Lind, Dept. 209c, 54, Duke Street, Mayfair, London. (Two doors from Oxford Street.)


## ART NEEDLEWORK COMPETITION

Once again the manufacturers of "Ososilkie" Brightest Lustre Yarn offer valuable prizes to those of our readers who are interested in Art Needlework. They have just announced their Seventh Grand Prize Needlework Competition, for which they are offering cash prizes to the value of £100. There are two classes, Class A being for Art Embroidery, Drawn Thread Work, Hardanger Work, and Broderie Anglaise, and Class B, for Crochet Knitting, Tatting, Feather Stitching, Smocking or Teneriffe Lace Work. In both classes the first prizes are 12 guineas each, the second 6 guineas each, the third 3 guineas each, the fourth 1½ guineas each, and a host of other smaller prizes, ranging from one guinea down to five shillings. No entrance fee or coupon is necessary to compete for these valuable prizes, and competitors are at liberty to choose their own designs, and here there is a special opportunity for originality. There is, of course, the usual stipulation that no other yarn but "Ososilkie" must be used in the making of the piece of work sent in. The competition closes in July, when an exhibition of the work of the 130 successful competitors will be held in the windows and haberdashery department of Wm. Whiteley, Ltd., Westbourne Grove, London. We strongly recommend those of our readers who possess nimble fingers to enter for this competition, as we have heard of several ladies who have secured most valuable prizes with the expenditure of only a few shillings, and, of course, a fair amount of industry and skill. These "Ososilkie" competitions are most popular amongst our readers—largely, we think, owing to the fair and open-handed manner in which they have been conducted, and the great point in their favour is that, with the exception of the first prize winners, all the work is returned. As "Ososilkie" implies, it looks like silk, and actually feels like silk, and is so smooth and easy to work with. It is made in three sizes in 150 beautiful shades, which will wash and retain their lustre. In addition to this it is stocked in lily-white and cream, in six sizes, from extra fine to extra stout. The manufacturers have also just recently placed on the market the new "Ososilkie Filoselle," a beautiful lustrous open thread in white, cream, and twelve mingled heather shades, for gentlemen's ties and mufflers.

Circulars, giving full particulars of the rules governing this competition, can be obtained from any up-to-date fancy draper or art needlework stores, but should you experience difficulty, write to the proprietors, Messrs. Tubbs, Hiscocks and Co., Ltd., Milton Street, London, E.C., enclosing 6d., and per return of post you will receive a beautiful shade card showing 150 fascinating shades, together with 9 small samples representing the various sizes in which "Ososilkie" is made, and at the same time they will give you the name of the nearest stockholder. These shade cards are most useful, as they enable ladies living in the country, miles away from a town, to make a careful selection of the actual shades required for the piece of work they have in view, and they can then write out their order and forward it to a West End London house like Harrod's Stores, Limited, Brompton Road, and T. J. Harries and Company, Limited, Oxford Street, W. Both these firms make a special point of paying carriage on all post orders.

"Being a dressmaker, I find your journal most useful to me, and feel I do not like to be without it."—F. M.

# Result of the Cookery Prize Competition.

NOTE.—All recipes and hints intended for competition must be sent to Mrs. Hope, 10 and 11, Fetter Lane, E.C. They should not be included in envelopes containing queries for other departments, as that entails considerable delay, and often causes the competing papers to reach Mrs. Hope too late for the Competition. Competitors must write their recipes or hints each on a separate sheet, and must put *their name and address* on each.

Mrs. Hope wishes it to be understood that she cannot enter into correspondence with regard to the Hints and Recipes Competitions.

She must further remind competitors that efforts which are not accompanied by a coupon are not considered at all, and that names and addresses of *prize winners* are always printed. All efforts are welcomed, but the rules must be kept, and competitors who write "please do not publish my address" must not expect to gain prizes.

## COOKERY RECIPES.

**A prize of 2s. 6d. has been awarded for each of the following Recipes:—**

CORNISH PASTIES.—Ingredients: Any scraps of cold meat—beef for preference—weigh half a pound, half a pound of cold potatoes, one onion, finely minced, a little salt and pepper, one egg, half a pint of gravy or good stock. Mince the meat, add the potato and onion; mix well, add the seasoning. Make some short crust, cut into rounds about four inches in diameter. Place a tablespoonful of the mixture in the centre of each round. Beat up the egg, brush the edge of each round, press the edges firmly together, so as to form a frill on the top. Brush all over with egg and put into a quick oven for half an hour. They should be pale brown in colour when quite done.—Miss MOLLIE KENNEDY, Ivy Dene, Banbury, Oxon.

A LENTEN DISH: SALT COD FISH A LA CACCIATORE.—Put 1lb of salted cod fish to soak in water. Next day cut it into pieces four or five inches across. Cut 1lb of potatoes into slices, not very thin, or use small potatoes cut into halves. Put 4 or 5 tablespoonfuls of olive oil into a frying pan, and when boiling add 2 tablespoonfuls of chopped parsley, 6 leaves of sage, and a little pepper. Add the fish and potatoes and fry for 10 minutes. Then add one tablespoonful of preserved tomatoes, diluted with 3 tablespoonfuls of warm water, and cook for 10 minutes, very gently. This recipe is enough for six or eight persons, and the dish should not take more than 20 minutes to cook.—MRS. HERMIONE GORDON MANSER, Le Serre, Corsicano 106, Provcia. di Lucca, Italy.

A NICE VEGETABLE SOUP.—Wash thoroughly 2lbs of clean spinach, a bunch of fresh parsley, and a few leeks. Then put into a saucepan in cold water, boil up, and boil until tender. Rub through a sieve, boil up again, add an ounce of pearl tapioca and boil till clear. Put two yolks of eggs in a bowl and rub till smooth, adding a little of the hot soup. Draw the pan from the fire, add half a pint of scalded milk, and the eggs, season, and serve.—MRS. C. LEE, Cosy Hall, Sutton, co. Dublin.

PRUNE AND APPLE PIE.—Take ½lb of prunes or French plums, and wash them thoroughly in warm water. Rinse well, and then just cover with clean water and leave overnight. Next day put them, in the same water in which they have soaked, into a piedish; add 1lb of apples, peeled, cored, and sliced, a little lemon rind, and sugar to taste. Cover with any kind of pastry preferred. This pie tastes almost the same as if made from fresh plums and apples, and is a nice change when fresh fruit is scarce.—Mrs. H. STORR, 5, Albury Ride, Waltham Cross.

## HOUSEHOLD HINTS.

**A prize of 2s. 6d. has been awarded for each of the following Hints:—**

HOW TO WASH KID GLOVES.—Have ready a little new milk in one saucer, and a piece of brown soap in another, and a clean cloth or towel, folded three or four times. On the cloth spread out the glove smoothly and neatly. Take a piece of flannel, dip it into the milk, then rub a good quantity of soap on the wet flannel, and commence to rub the glove downwards towards the fingers, holding it firmly with the left hand. Continue this process till the glove, if white, looks a dingy yellow (though it is now clean) or, if coloured, looks dark or spoiled. Let it dry gradually. Old gloves done thus will soon look almost new. They will be soft and glossy in texture and quite elastic.—Miss EMILY FISK, Geldeston, near Beech, Norfolk.

A HINT IN FROSTY WEATHER.—When stone steps are washed in frosty weather, if a quarter of a pint of methylated spirit is added to each quart of water used, they will dry at once, without freezing.—Miss BEDFORD, 12, Priory Crescent, Lewes, Sussex.

TO REMOVE FRUIT STAINS FROM THE FINGERS.—To remove stains from cutting fruit or vegetables or from weeding in the garden, rub the fingers well with soap and water, and while the soap is still on, take a piece of pumice stone and lightly rub over the stained parts, then rinse with warm water. If any stain remains rub again with soap and pumice stone, and rinse again.—Miss ALCOCK, 2, Rockview Terrace, Montenotte, co. Cork.

HOW TO USE UP SMALL PIECES OF SOAP.—Collect all odd pieces of soap, and when sufficient have accumulated, fill a flannel bag with them and sew it up. Immerse it in water and rub on the hands, when a good lather will be obtained. The bag, when empty, may be well cleansed in soda and water, and used again when more soap has been collected.—M. E. HOUGHTON, 59, Birkhall Road, Catford, S.E.

## PRIZE COMPETITION

To provide our readers with interesting and original recipes for Cooking and Hints for the Household, we are offering:—

**FOUR PRIZES, 2s. 6d. each, for the Four Best Cooking Recipes, and**

**FOUR PRIZES, 2s. 6d. each, for the Four Best Household Hints.**

Competitors must send in their Recipes and Hints on or before March 15, addressed to "Mrs. Hope, Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

One or both the coupons below must be sent in with the Recipes or Hints.

**COOKING RECIPES.**
MARCH, 1908.

**HOUSEHOLD HINTS.**
MARCH, 1908.

The Result of the Competition will be published in the May number.

NOTE.—All prize-winners, when they see their names announced, must apply by letter for any prize they may be awarded. If such application is not made within a month of the date of the number containing list of prize-winners, the prize will be cancelled. Applications MUST NOT be made to Mrs. Hope, but to Messrs. BEETON & Co., 10 & 11, Fetter Lane, E.C.


"BEAUTY IN A NUTSHELL."

**CULTO** Japanese Magic Finger Nail Polish.

Fresh consignments to hand. Beautiful pink tint, firm as a rock—almost unbreakable, and gives an extraordinary high polish. No Liquids. No Pastes. No Pads. No Powders. One polish last one week.—One crayon 6 months. Ask your chemist for CULTO, but emphatically refuse imitations or something "just as good." There is only one CULTO, 1s. 1d. post free from THOMAS BELVOIR & Co., Dept. No. 22, New Southgate, London, N.

**LOVELY** hand-painted, ribbon-worked and embroidered buttons, now so fashionable on silk or satin, all sizes & colours, from **HAND-PAINTED** 1½d. each; also exquisite painted china buttons. Box of delightful samples will be forwarded immediately on approval. Madame THÉRÈSE, 504, Edgeware Rd., London. **BUTTONS**

**PURE BEDDING**

**A Plain Talk About Mattresses.**

Do you know—really know—what your mattresses are stuffed with? Are you sure—quite sure—that the material is what you paid for? Are you certain—entirely certain—that the work was done in clean and wholesome surroundings? Are you positive—absolutely positive—that the mattresses slept on nightly are free from germs of disease?

If you want to be able to give a satisfactory reply to all these questions, place your orders with The Association for Promoting the General Welfare of the Blind. This will help a useful and beneficent Society to employ blind people, and you will secure goods of a **high** quality, at **Store** prices.

Letters should be addressed to Mr. H. E. MULLINS, Manager,

**258, Tottenham Court Road, London, W.**

**WOMEN WHO FASCINATE.**

**Their Power explained and illustrated in a book which is sent Free.**

Thin and plain women may become beautiful by a scientific home method, which quickly enlarges the bust, beautifies the complexion, fills out hollow and scraggy necks, and develops the figure into one that commands admiration.

There is no reason why every woman should not acquire or regain a perfect figure. For those who lack the natural development of the bust, a remarkable proved home treatment has been devised. It is called DIANO, and is perfectly harmless. **This treatment will positively develop the bust six inches.** It fills out all hollows and flat places, adds grace and beauty to the neck, softens and clears the skin. No matter how plain you may be, DIANO will do the same for you as it has done for thousands of others. DIANO not only beautifies the figure, it improves the health; it makes you feel buoyant and youthful. We want you to know more about what DIANO will do for you; we cannot explain all in this advertisement.

On receipt of a penny stamp to pay postage, we will send a beautiful book, containing photographs and correspondence from ladies who have used this treatment. It is sent in a plain sealed envelope. Why not write at once for it? It is for your benefit.

THE L.F. ESPANOLA MEDICINE CO. (DEPT. 148), 205, REGENT ST., LONDON, W.

**A CLEAR COMPLEXION!**

PIMPLES, BLACK SPECKS, SUNBURN, FRECKLES, and Unsightly BLOTCHES on the Face, Neck, Arms, and Hands, can be INSTANTLY REMOVED by using MRS. JAMES'S HERBAL OINTMENT, made from herbs only, and warranted harmless. It imparts such a lovely clearness to the skin that astonishes every one. Of all Chemists, or a box (with directions) sent free from observation on receipt of postal order for 1/3 and 2/11.

MRS. C. JAMES, 268, CALEDONIAN ROAD, LONDON, N.

**MYRA'S NEEDLEWORK LIBRARY.**

**COMPLETE HANDBOOKS**

With FULL INSTRUCTIONS on

| | | | |
|---|---|---|---|
| Knitting ... ... ... | 127 | Illustrations | 7d. |
| Crochet ... ... ... | 93 | ,, | 4d. |
| Embroidery ... ... | 270 | ,, | 6d. |
| Lace Work ... ... ... | 127 | ,, | 5d. |
| Smocking ... ... ... | 87 | ,, | 3d. |
| Drawn Work ... ... | 62 | ,, | 2d. |
| Plain Needlework ... ... | 67 | ,, | 2d. |

*BEETON & CO., 10, Fetter Lane, Fleet Street, London, E.C.*

# Correspondence.

## RULES.

*1. To be answered on this page in the next number, letters must reach us not later than the 3rd of the month.*

*2. Queries (except on "Dress" and "Health and Personal Attention") must be accompanied by sixpence and a stamped addressed envelope. No notice will be taken if sent without, if to be answered by post.*

*3. In urgent cases, or if crowded out, all "Dress" answers will be sent by post, for which no charge will be made. No postal reply can be sent unless a stamped and addressed envelope be enclosed.*

*4. Queries to be answered by post must be limited to three.*

*5. It is absolutely necessary that every letter should contain real name and full address. The space for correspondence is so limited that a large number of answers have to be sent by post. This is especially the case with "Dress," which requires prompt and often private replies. Only questions of general interest are answered on this page.*

*Whether letters are to be answered by post or in these columns, the Correspondence Coupon, cut from the current number, must be enclosed.*

### DRESS AND HAIR-DRESSING.

*Letters to be addressed to Mistress Anne Page, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.*

Mrs. C. S.—(1.) You have not done the velveteen hem quite in the right way. If you turn in the edge of the velveteen hem, and then fell the turned edge to the back of the material, even if you are careful not to let your needle penetrate the pile, the hem will budge and not lie flat. You ought to leave the velveteen hem raw-edge. Then fell the lower edge of a strip of silk over the raw-edge, and fell the upper edge of the silk to the back of the material above the hem. This answers splendidly. Be sure to lay a band of lino cut to shape inside the hem, or the velveteen will roll up and look very bad. The strip of silk must, of course, match the velveteen. (2) You will find directions for managing a tailor collar on page 28. For successful tailoring, a heavy, very hot iron and a damp cloth are necessary in the pressing—a most important thing, as combined flattening and shrinking make the facings and seams fit so well. Be sure to use a white *woollen* cloth for the damping, as any colour might disfigure your new material.

Vicar's Wife.—(1) A long coat for a girl was illustrated in the January number—a smart "Gibson" coat of the same type as No. 7436. A capital belted coat will be found on page 32 of this number (No. 7480). This is very smart, the waist fitted with tucks. Two blouses for girls of this age will be found on page 32. (2) Send to the Holborn Silk Market, Holborn Bars, for the figured œolienne. They have it at 1s. 11¾d., I think, but you must write at once, as this is "sale" price. (3) I have sent your queries to Mistress Anne Page.

Puzzled.—(1) It is a local name; many of the shops would not quite know what you mean. The term "swing" is given to long or three-quarter coats of sacque type, which are cut to flute very much, especially at the back. One width of material is not enough for half such a back; a triangular breadth has to be inserted. If you send for the pattern of No. 7432 you will see what I mean. This handsome coat has the "swing" back, which is very graceful.

Manchester.—(1) For the braiding designs, go to Briggs and Co., Cannon Street, Manchester. You are sure to be able to get what you want. (2) For those fine type cloths you should go to Messrs. T. W. Thompson's, 163 to 168, Tottenham Court Road. (3) You can get any sequins you require at Head and Sons, The Golden Tassel, Sloane Street, S.W. If you mention Myra's Journal you will get every attention. The sequins are sold in packets. Those mother-o'-pearl sequins are dear, but the "iridescent" sequins are *nearly* as pretty, and are very considerably cheaper. You can also get the chenille—indeed, any materials for fancy work, as well as all the up-to-date braids and trimmings—at Head and Sons.

Clara J.—(1.) Your tweed is just the thing for the cycling or walking skirt—an exquisitely cut tailor model—which is one of our Free Patterns this month. You should have both a coat and a brace, and then you will be fitted up with an ideal touring costume. You can use the brace (Free Patterns) for hotter days, in towns, &c., while the coat (No. 7433) will do for cooler or rainy days. Take with you a long wrap—either the new sacque, No. 7432, or the smart Gibson coat, No. 7436. Be sure to use Pirle-Finished cloth or tweed for these wraps, as they will naturally see some vicissitudes in the course of your travels. (2) Read what Mrs. Scot Skirving says about travelling comforts in this number, and also in the February and January numbers. If you prefer a little sacque coat for your touring dress, copy the lovely little model, No. 7438.

Gracie.—(1) We can send you a pattern of Kimona wrap suitable for your shawl for 1s. 0½d. You cannot have the "swing" back, however, as the shawl will not provide material for the additional breadths. If you really want this swing (I am dealing with such a wrap next month), you must insert breadths of plain cashmere matching the *ground* of the shawl.

### EMPLOYMENTS FOR LADIES.

*Letters to be addressed to Miss Winifred Jones, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.*
*Continued from Page 10.*

Engagement as Useful Companion Wanted (A. C. F. D.).—I sent you the only post of the kind I had on my register, but I am putting a notice in for you also. But I should be glad if you would let me know the result, and if my advice was of use to you.

Reply Wanted (Mrs. C.).—Your letter enclosed neither the six penny stamps, nor the stamped envelope, nor the coupon, without which I am unable to reply privately.

Upholstress Wanted (Miss F.).—As you also failed to comply with our rules (see my reply to Mrs. C.) I could not give you the information you required.

Dressmaker Wanted (N. R.).—I gave you the names of several workers, and I hope one will suit you. I am so sorry about the delay. You were really most unfortunate. Better luck next time. I am glad Myra pleases you so much; it is indeed a popular paper. I sympathise with you in your unlucky experience. I think London is the worst place of all to suit oneself in that particular. Kindly let me know whom you employ, and your opinion of her work.

Renovations (E. S.).—Thank you for your courteous, grateful letter. I think it best to give you a new number, which you will see in this issue.

Dressmaker (Mrs. H., Tonbridge).—Thanks for your letter. I am so glad to hear that it has been a pleasure to you to work for my correspondent. I have not yet heard from her; but that, doubtless, is due to the time of year, when we are all extra busy. I trust by now you may have heard from my other correspondent. I heartily reciprocate all your good wishes.

Blouses, &c. (A. T.)—I am putting you on my Register, but letters for the Free Bargains column must be sent *direct* to the Editor and *never* to me. I cannot, and do not, forward any such communications.

Dresscutting Lessons (N. K.).—As you will see by the notice in this issue, a letter reaching this office on November 30 cannot possibly be inserted in an issue appearing on December 15. I mention this in case you wonder at its non-appearance.

Dressmaker (A. L. T.).—Certainly I will recommend you, and I am glad to hear you have recommendations from your customers. I frequently have inquiries from North London for workers, and hope you may be successful; but the busy season is not yet, as you know.

Blouses, &c. (Miss N.).—I will put you on my Register, with pleasure. Your charges are really moderate. If you knew Myra well you would know that under no circumstances do I give names and addresses in my columns.

## COUPONS.

*Correspondents seeking advice on "Dress," "Health and Beauty," "Employments," &c., must enclose in their letters one or more (according to queries) of the following coupons cut from the current number:—*

**EMPLOYMENTS.**
MARCH, 1908.

**DRESS AND HAIRDRESSING.**
MARCH, 1908.

**HEALTH AND BEAUTY.**
MARCH, 1908.

**ETIQUETTE.**
MARCH, 1908.

**COOKERY & HOUSE MANAGEMENT.**
MARCH, 1908.


## LURKING EVILS OF OVER-FATNESS.

Besides its humiliating unattractiveness, extreme corpulence not only seriously impairs the general health and takes a heavy toll of muscular strength and nerve force, but it is, when neglected, an ever-present danger to life itself. Failure of the heart's action is, in not a few cases, the result of fatty degeneration. In any event that organ is often seriously affected by over-fatness, the muscles becoming too flabby to perform their work with normal energy. The liver and kidneys are likewise weakened in their action, and the lungs are incapable of full natural expansion. From these causes many grave complaints may at any time arise. Such lurking evils are effectually suppressed by removing all the superfluous and unwholesome fat from the system, and by over-mastering the obstinate tendency to undue fat-formation. Antipon, the great standard remedy for the permanent cure of obesity, achieves this two-fold duty as nothing else will, and at the same time helps to thoroughly re-establish health and strength by giving the subject a keen natural appetite and sound digestive power. The person under treatment is obliged to eat well, and can do so without fear, the tendency before mentioned being done away with. Antipon is in every sense the rebuilding-up method of attaining normal weight and proportions, which, when once recovered, will be lasting. Health, strength, good appetite and digestion, and a complete recovery of beauty of form, are the sure results of a consistent course of Antipon. From 8oz to 3lb is taken off within 24 hours, and the daily diminution which follows is gratifying in the extreme. For any over-stout man or woman Antipon means a new lease of life and comeliness. Antipon contains only the most harmless herbal ingredients in an agreeable liquid form, and is neither laxative nor consti pating. It is sold in bottles, price 2s. 6d. and 4s. 6d., by chemists, stores, &c.; or in case of difficulty may be had (on sending amount) carriage paid, privately packed from the Antipon Company, 13, Olmar Street, London, S.E.

# OUR FREE BARGAIN COLUMNS.

***Advertisements must reach the office of "Myra's Journal," 10, Fetter Lane, London, before the 1st of each month.***

## RULES.

1. *A PRIVATE ADVERTISEMENT OF TWELVE WORDS IS INSERTED FREE OF CHARGE. 3d. will be charged for every extra six words or portion of six words.*

2. *It is indispensable that the FREE BARGAIN COUPON should be cut from this paper and enclosed with each advertisement.*

3. *No responsibility is taken by us with regard to any sales or exchanges arranged, or to any remittances forwarded, nor can we interfere in any differences that may arise between parties to a bargain.*

4. *Payment of carriage for articles on sale or approval must be arranged between themselves by the parties.*

5. THE REPLY TO A NUMBERED ADVERTISEMENT MUST BE CONTAINED IN A BLANK STAMPED ENVELOPE, WHICH MUST BE FASTENED, AND HAVE THE DISTINGUISHING NUMBER OF THE ADVERTISEMENT CLEARLY WRITTEN UPON THE TOP RIGHT HAND.

*This reply (or any number of them) must be enclosed in another stamped envelope, directed to the Editor, Free Bargain Columns,* MYRA'S JOURNAL, *10 and 11, Fetter Lane, E.C., who will add the right name and address, and post it, and thus bring buyer and seller into communication.*

*Advertisements must reach the office of this paper before the 1st of the month preceding date of issue.*

**Free Bargains Coupon.**

**Myra's Journal, March, 1908.**

### DRESS AND MILLINERY.

MILLINERY LESSONS; personal instruction; moderate terms; prospectus free.—W., 57, Upper Gloucester Place, Dorset Square, W.

LADIES SEVEN-GORE SKIRTS, navy or black, any size, 6s. 6d., postage 6d.—Gooch, 71, Hewitt Avenue, Wood Green.

OPERA CLOAKS, PARTY DRESSES, worn few times.—Violet, 71, Oakfield Road, Anerley.

DARK TWEED COSTUME, 5s. 6d., good CREAM SERGE SKIRT, 7s. 6., medium. Postage. M3707

Handsome, light BROWN BEAR STOLE. 70 inches long, only 15s., a bargain. M3699

BLOUSES, BLOUSES, BLOUSES. The well-known Evernete Blouse, from 2s. 6d. Send for illustrated catalogue. Henrietta Baker, Dept M., 11, Park Road East, Acton, London.

Grey TWEED COSTUME, skirt 36, sleeve 17; also black braided velvet jacket trimmed caracull, 7s. 6d. each, both good. M3700

PLAIN or FANCY BLOUSES supplied from stock or made to order. Style and fit guaranteed.—Miss Benbow, 481, Green Lane, Smallheath, Birmingham.

SMART DAY AND EVENING GOWNS, COSTUMES, BLOUSES, &c. Terms moderate. Good fit.—Madam White, 638, Fulham Road, S.W.

### NEEDLEWORK, DRESSMAKERS, &c.

ART NEEDLEWORK. Private lessons given (10s. 6d. a term, 1s. 6d. single lessons). Ladies work commenced for example, or completed. Moderate charges.—Miss Shields, 11, St. Marks Crescent, Regents Park, N.W.

DRESSMAKER, Daily, or at home. Experienced. Miss Connery, 8, Haselrigge Road, Clapham, S.W.

HOME DRESSCUTTING AND MAKING TAUGHT; experienced teacher; practical dressmaker. Tailors' or Guerre system.—D., 120, Seymour Road, Harringay.

Miss Andrews, DRESSMAKER; terms, 1s. daily.—42, Alma Square, St. John's Wood.

DRESSMAKER; good fitter, renovator; ladies' house, or home.—Miss Ganey, 36, Ambler Road, Finsbury Park, N.

Lady solicits ORDERS FOR BAZAAR WORK; sideboard or tray cloths, lovely crochet edging; table centres, cushions, &c.—Miss Harcourt, 129, Marlow Road, Anerley, S.E.

Joan Comerford, DRESSMAKER. Perfect fit, terms moderate.—220, Dalling Road, Shepherd's Bush.

SILK BLOUSES 10s. 6d. FLANNELETTE 2s. 11d. State size.—25, Mysore Road, Lavender Hill, S.W.

MILLINERY, BLOUSES, SKIRTS, made or renovated; stylish; moderate.—26, Homecroft Road, Sydenham.

Madame Léonie, PARISIENNE DRESSMAKER, 120, Talbot Road, Bayswater. Ladies' materials. Charges moderate.

DRESSMAKER, daily or at home.—Miss Martin, 58, St. Margaret's Grove, East Twickenham.

DRESSMAKER, daily. Town, country. Cut, fit, renovations at ladies' houses.—Miss Woolcott, 109, Queen Street, Edgware Road, W.

SCIENTIFIC DRESSCUTTING. Guerre and Tailor Systems. Students prepared for City and Guilds Examination.—K., 74, Lebanon Gardens, Wandsworth.

### JEWELLERY.

Handsome gold-mounted AMETHYST NECKLACE, £6 10s., cost over double; other articles equally cheap.—Williams, 69 Ringmer Avenue Fulham.

Ladies' short SILVER ALBERT. Stamped. Exchange. M3698

### ANTIQUES, BOOKS, MUSIC, FOREIGN STAMPS, PHOTOGRAPHY, &c.

STAMPS.—100 different. Official. Morocco, Trinidad, Barbadoes, Labuan, Nyassa, North Borneo. 1s. free.—Bowen, 44, Wellington Place, Belfast.

STAMP EXCHANGE desired. Send postcard particulars.—G. Mann, 105, Alcester Road, Birmingham.

150 good POSTCARDS—artistic views, actresses, &c. 6d. dozen; 5s. lot. Handsome owl, dressed, suitable for toque, 4s., or offer. Approval, carriage paid. M3667.

Large Pile of MUSIC and BOOKS for sale, cheap. List for stamp. Also some useful furniture. M3710

PHOTO CABINETS, 3 for 1s. 3d.; PHOTO POSTCARDS, 6 for 1s. 3d.; all official size; send photo.—Sigsworth, Harbottle, St. Byker, Newcastle-on-Tyne.

MANDOLIN, accept 5s., or exchange.—Miss Alice Tanner, 9, Exeter Street, Dyke Road, Brighton.

### MISCELLANEOUS.

Invalid executes handsome CROCHET LACE (mitred corners), AFTERNOON TABLECLOTHS. D'OYLEY'S samples approval. M3714

RECAMIER CREAM ENAMEL produces lovely complexion. Post free, 1s. and 2s. 6d. M3703

New, misfit, black BELTED CORSETS. 25-inch, cost 28s. Exchange lace. M3712

FACE MASSAGE.—Obesity successfully treated by experienced Masseuse. Charges moderate. (London). M3713

Ladies' BODICE PATTERNS correctly drafted on the latest scientific system; in paper, 1s. 3d.; in linen, 2s. 6d.—Madam Lucie, 55, Crescent Place, Hackney Road, N.E.

Ladies should not throw away their old Corsets, but send them to Madame Lee, Elm Grove, Southsea, who will clean or renovate them equal to new. Charges strictly moderate; trial solicited.

Unfailing HAIR RESTORER. Luxuriant growth. 1s. 6d. free.—Bowen, 44, Wellington Place, Belfast.

DOLLS of all kinds repaired; heads, wigs, limbs, hands, anything.—Post to Wicks, 16, Dawes Road, London, S.W.

Orders earnestly desired for CROCHET, D'OYLEYS, TRAY CLOTHS, DRAWN THREAD WORK. Recommended.—Miss Pooley, 2, Grove Road, Horley.

HAND-KNITTING.—Sweet baby bonnets socks, &c. Lists sent. Orders desired. M3702

# DRESSMAKERS.

The Name and Address of any Dressmaker will be inserted free in this column provided the advertiser furnishes us with a Coupon for each announcement *each month*, and she states under which column she wishes her name to appear. *Please write distinctly.*

**DRESSMAKERS' COUPON. MARCH, 1908.**

**LATEST TIME for ADVERTISEMENTS 1st of EACH MONTH.**

### *DRESSMAKING AT LADIES' HOUSES—*

Miss E. Allison, 38, Burnt Ash Road, Lee, S.E.
Miss J. Andrews, 42, Alma Square, St. John's Wood, N.W.
Miss L. C. Andrews, 28, Kelvin Road, Highbury, N.
Miss E. Baker, 143, Station Road, Forest Gate, Essex.
Miss A. Benbow, 481, Green Lane, Small Heath, Birmingham.
Miss Connery, 8, Haselrigge Road, Clapham, S.W.
Miss Coward, 82, Camden Road, N.W.
Mrs. Davey, 77, Blatchington Road, Hove.
Mrs. England, 440, Edgware Road, W.
Miss M. Friend, 9, Ramsey Road, Upper Horfield, Bristol.
Miss Gardner, 55, Crescent Place, Hackney Road, N.E.
Miss Gavey, 36, Armbler Road, Finsbury Park, N.
Miss Hadfield, 69, Alexander Road, Upper Holloway, N.
Miss Liman, 2, St. John the Evangelist Road, Kentish Town, N.W.
Miss M. May, 50, Algar Road, Isleworth, Middlesex.
Miss O'Connor, 29, Richmond Road, West Kensington, W.
Miss Pearl, 18, Bruce Road, South Norwood.
Miss Robinson, 69, St. Thomas's Road, Finsbury Park, N.
Miss Smith, 3, Pakeman Street, Holloway, N.
Miss Tory, Fair View, Dundry, near Bristol, Somerset.
Miss Woolcott, 109, Queen Street, Edgware Road, W.
Miss E. Willson, 77, Cloncurry Street, Fulham Palace Road, S.W.

### *LADIES' OWN MATERIALS MADE UP—*

Miss Carpenter, 71, Mount Pleasant Lane, Upper Clapton.
Miss Joan J. Comerford, 220, Dalling Road, Shepherd's Bush, W.
Miss Davies, 120, Seymour Road, Harringay, N.
Miss Ellison, 97, Cathles Road, Balham Hill, S.W.
Mrs. Gooch, 71, Hewitt Avenue, Wood Green.
Madame Goodwin, 96, Oxford Road, Lowestoft, Suffolk.
Mrs. Groom, 65, Bullar Road, Bitterne Park, Southampton.
Miss Hauxwell, 16, Portland Gardens, Harringay, N.
Mrs. James, 56, Southlands Road, Bromley Common, Kent.
Miss Maud Lee, 89, Warwick Street, Belgravia, S.W.
Madame Leonie, 120, Talbot Road, Bayswater, W.
Madam Marion, 26, Homecroft Road, Sydenham, S.E.
Mrs. Monk, 96, Balfour Road, Preston, Brighton.
Miss Pauline, 120, Marlow Road, Anerley, S.E.
A. and A. Pinchback, 53, Guildford Road, Greenwich, S.E.
Misses Ramage, 25, Mysore Road, Lavender Hill, S.W.
Miss Ransom, 49, Princess Road, Kilburn, N.W.
Nellie Siegfried, 90, Dawes Road, Fulham, S.W.
Miss E. Simeon, 37, Tavistock Road, Westbourne Park, W.
Nina Swancott, 15, Delamere Cres., Westbourne Sq., Paddington, W
Miss Alice Tanner, 9, Exeter Street, Dyke Road, Brighton.
Miss Troubridge, 56, Upham Park Road, Chiswick.
Miss Walker, 66, Natal Road, Streatham.
Mrs. Wheeler, 13, St. John's Road, Stamford Hill, N.

### *LADIES' AND CHILDREN'S MILLINERY—*

Miss Drake, 122, Great Western Road, Bayswater.
Mrs. Dye, 31, Queen's Road, Peckham, S.E.
Emilie, 185, Westbourne Grove, W.
Mrs. J. Etherton, 137, Northcote Road, Clapham Junction.
Watson Lewis, 17, Edgware Road, Marble Arch, W.
Miss Whitehouse, 57, Upper Gloucester Place, Dorset Square.

### *LADIES' SHIRTS—*

Edward M. Deighton, 16, Aldgate Avenue, London, E.C.
Madame Maree, Aldbourne, R.S.O., Swindon, Wilts.
Mrs. C. Petty, 29, Alberta Street, Kennington Park Road, S.E.

### *PILLOW LACE MAKER—*

Mr. Hy. Armstrong, Stoke Goldington, Newport Pagnell, Bucks.
Miss Kent-Johnson, Sharnbrook, Beds.
Mrs. A. Stewart, 29, Markham Street, Chelsea, S.W.

### *CORSETIERE—*

Mme. Gardiner, 28, Sussex Place, Onslow Gardens, South Kensington.
Hélène, 1, Harley Street, Bridge Road, Battersea, S.W.
Madame Marie Steer, 189, Prince of Wales Rd., Haverstock Hill, N.W

### *FURS RENOVATED—*

Miss Annie Blanch, 638, Fulham Road, S.W.
W. H. Keep, 69, Pembroke Street, Caledonian Road, N.
Mrs. Lindfield, 17, Powis Road, Brighton.
Mrs. Annie Roadknight, 24, Powis Square, Brighton.
Millicent Wright, 45, Artesian Road, Westbourne Grove, W.

***All Coupons must be received by the 1st of each month preceding date of issue.***

+ New Colours and Art Shades +

# The "Louis" Velveteen

Spelt L-O-U-I-S

**Has the Appearance of a Beautiful Silk Velvet! and lasts longer.**

Ladies experiencing difficulty in obtaining "LOUIS" Velveteen are requested to write to the Manufacturer, 57, Newton St., Piccadilly, Manchester, who will furnish the address of the nearest Draper supplying it.

THE ALL WOOL UNSHRINKABLE FLANNEL

*Perfection of Wear for*
**MORNING, NOON & NIGHT.**
The softest & most beautiful of all Pure Wool Fabrics.

# "ORLWOOLA"
Regd.

*CAUTION!* SEE "ORLWOOLA" STAMPED ON EVERY YARD

OF ALL DRAPERS

Manufrs.: LEIGH MILLS Co Ltd. COVENTRY & BRADFORD

*Try also "ORLWOOLA" hosiery UNDERWEAR along with the flannel.*

YOUR
# SOILED BLOUSE
**Cleaned for 1/3**

WE RETURN IT TO YOU DRY CLEANED, LOOKING LIKE NEW.

*Dresses Dry Cleaned for 4/-.*

Send for Price List of other Articles at equally Low Prices.

**CLARK & CO., 9, Hallcroft Road, RETFORD.**

PRICES FROM 1/11½ EACH.

The Novelty of 1908.

LADY'S
# BLOUSE BELT.

"THE MAGNET"

MARTIN'S BIRM. PATENT

SENSITIVE TO THE SHAPE OF ANY FIGURE.
NO GRIP OR PINS REQUIRED.
DOES NOT RIDE UP and SHOW the SKIRT BAND.
ONE BELT CAN BE WORN IN 3 POSITIONS.
IT HOLDS to the BLOUSE AND SKIRT
Like a Needle holds to a Magnet.

OF ALL DRAPERS THROUGHOUT THE KINGDOM.

*A most Practical & Elegant Belt.*

Reg.d **"Larola"** BEETHAM'S

**NO MORE ROUGH HANDS.**

**SOFT WHITE SKIN.**

IS UNEQUALLED FOR PRESERVING
# THE SKIN & COMPLEXION
FROM THE EFFECTS OF
**FROST, COLD WINDS, AND HARD WATER.**
IT REMOVES AND PREVENTS ALL
**ROUGHNESS, REDNESS, IRRITATION, CHAPS, &c.,**
AND KEEPS THE SKIN DELICATELY
**SOFT, SMOOTH, AND WHITE**
**AT ALL SEASONS.**

If used after Cycling, Motoring, Golf, &c., it will be found
DELIGHTFULLY SOOTHING AND REFRESHING.

Bottles, 1/-. 1/9, and 2/6, of all Chemists and Stores. M. Beetham & Son, Cheltenham.

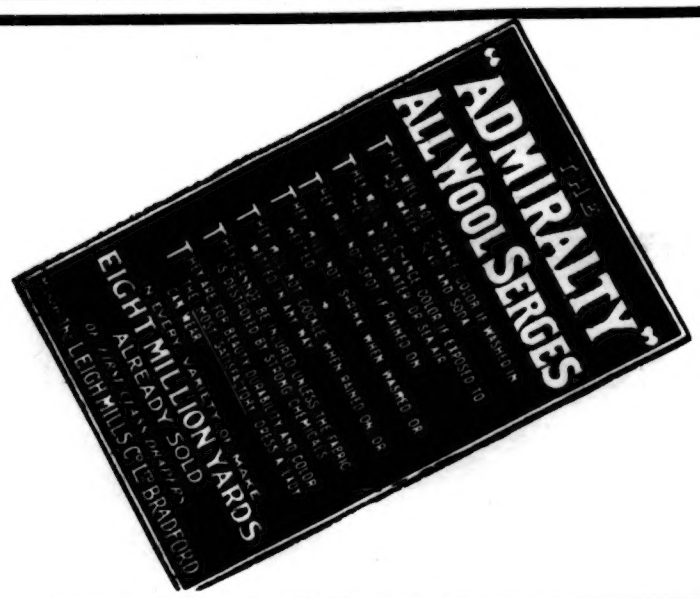
"Oldest & Best."

THE PERTH DYE WORKS

# Campbells

FOR
**SPRING CLEANING**
**CHINTZ & CRETONNE, CURTAINS, & OTHER FURNISHINGS.**

*Particulars and Prices in Catalogue Free.*





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